



Nineteenth Sunday in Ordinary Time

August 9, 2015

ST. BARNABAS CATHOLIC CHURCH

3955 Orange Avenue, Long Beach, California 90807 | (562) 424-8595

Website: www.stbarnabaslb.org |  | 



MISSION STATEMENT: *"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."*

Rev. Antony J. Gaspar Ed.D.
Parish Administrator

Rev. George Reynolds
Associate Pastor

Dn. Carlito de los Reyes
Permanent Deacon

PARISH OFFICE

(562) 424-8595 | Fax (562) 595-7875

Emergency (562) 424-8596

E-Mail:

stbarnabaschurch@verizon.net

OFFICE HOURS

Monday-Friday 8:30 am - 4:30 pm

Saturday 9:30 am - 3:00 pm

Sunday 9:30 am - 1:00 pm

MASS TIMES

SATURDAY 8:00 AM
(VIGIL) 5:00 PM

SUNDAY 7:30 AM
9:00 AM
10:45 AM
12:30 PM
5:30 PM

MONDAY-FRIDAY 8:00 AM

EUCCHARISTIC ADORATION

1st Friday of the month 8:30 am - 9:00 pm

MOTHER OF PERPETUAL HELP NOVENA

Wednesday 6:30 pm



SACRAMENTS

Confession

1st Friday of the month 7:15 am - 7:50 am

Saturday 3:30 pm - 4:30 pm

Baptisms

4th Sunday of the month 2:30 pm
by prior arrangement

Marriages

Please contact Priest 6 months prior

Anointing of the Sick

Please call the Office

**The bread that I will give is my
flesh for the life of the world.**

—John 6:51

THE BEGINNING OF EVERYTHING

Everyone recognizes the truth of good proverbs, and so they endure from generation to generation. The Russians have a surprisingly bold one that fits this Sunday's Gospel: "Bread is the beginning of everything."

Judging from the first reading, Elijah might have felt that it was too late for bread—too late for life itself. This great prophet was at the end of his rope and endurance. Then, not one, but two angels visit him. One offers food and drink. The other gives startling directions. For Elijah, this food from the angels is bread for his journey. On the strength of the heaven sent gift of food, he walks to the mountain of God.

In today's Gospel, Jesus offers himself, not just as bread for the journey, but as bread for life itself. He gives his flesh as life for the world. "I am the bread of life" (John 6:48). He is the beginning of everything.

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***When all else has forsaken us,
it is then that we are least
forsaken by God.***

- St. Jane Frances de Chantal

RELIGIOUS EDUCATION & CONFIRMATION

(562) 988-6855 Fax (562) 981-8792
3955 Orange Avenue, Long Beach, CA 90807
Email: re@stbarnabaslb.org
Director: Rita Courville Coffey

ST. BARNABAS SCHOOL

(562) 424-7476 Fax (562) 981-3351
3980 Marron Avenue, Long Beach, CA 90807
Email: stbarnabas_jkellam@yahoo.com
Principal: Jennifer Kellam
Website: www.school.stbarnabaslb.org

MINISTRY DIRECTORY

ADORATION COORDINATORS	Charito Salas: 562-490-9853 Myra Magbitang: 310-749-0785
ALTAR SERVERS	Stephanie Herrera: 562-981-2771
BULLETIN TEAM/SOCIAL MEDIA/WEBSITE	Joyce Kaiser: 562-988-6855
CENACLE ROSARY GROUP	Annie Pallivathukal: 562-492-9587
COFFEE & DONUTS	Peter Salas: 562-852-1180
COUPLES FOR CHRIST	Roy & Faye Rivera: 562-424-5366
DIVINE MERCY APOSTOLATE	Alvino & Carmen Jauregui: 562-428-3760
EXTRAORDINARY MINISTERS OF HOLY COMMUNION (Church) (For the Sick)	Please call Rectory: 562-424-8595 Jim Supancheck: 562-424-3599
FILIPINO AMERICAN ASSOCIATION	Eddie Reyes: 562-424-4545
FINANCE COUNCIL	Jun Magbitang: 562-426-2910
HOLY NAME SOCIETY	Bob Frazier: 562-426-4010
INFANT BAPTISM	Call Parish Office: 562-424-8595
KNIGHTS OF COLUMBUS	Waldy Cruz: 562-682-0768
LANDSCAPE BEAUTIFICATION	Robert Kalowes: 562-225-1946
LECTORS	Marina Cuico: 562-254-8133
LEGION OF MARY	Rosamma Michael: 562-426-9509
LITURGICAL MUSIC COORDINATOR	Rita Courville Coffey: 562-988-6855
OUR LADY OF PERPETUAL HELP NOVENA	Dn. Carlito de los Reyes: 562-423-4140
PASTORAL COUNCIL	Geraldine Johnston: 562-498-8187
PEER MINISTRY	Tiffany Chiu: 562-988-6855
PLANNING & BUILDING TEAM	Sean Farragher: 562-533-6444
PROJECT ACHIEVE MINISTRY	Michelle Gustilo-Smithson: 310-344-7862
RCIA / ADULT SACRAMENTAL PREP	Rita Courville Coffey: 562-988-6855
RESPECT LIFE	Robert Kalowes: 562-426-3781
SACRISTANS	Geraldine Johnston: 562-498-8187
SAFEGUARD THE CHILDREN & YOUTH	Sandy Komine: 562-833-7290
USHERS & GREETERS	Darrell Stewart: 562-424-8982
WEDDING COORDINATOR	Deb Ryan: 562-209-2458
WORSHIP ENVIRONMENT	Michelle Feiner: 562-208-7310

**Please don't hesitate to contact any of the above individuals to learn more about their ministry.*

SAINT OF THE DAY

St. Jane Frances de Chantal
Feast Day: August 12

Jane Frances de Chantal was born in Dijon, France in 1572, the daughter of the royalist President of the Parliament of Burgundy. Aged 20 she married the Baron de Chantal and bore several children. She was widowed and desired to consecrate herself to God. Under the guidance of Saint Francis of Sales she organized a new foundation for the care of the sick. By the time of her death in 1641 she had founded 75 houses for the care of the sick.



Source: <http://www.swide.com/saint-of-the-day/>

DAILY ROSARY/DIVINE MERCY

Please join us in reciting the Rosary every morning **(Monday through Saturday) at 7:35 am** before daily Mass. It is a beautiful and spiritual way to start your day.



Divine Mercy

Every day following weekday Mass, we invite you to join us for the Chaplet of Divine Mercy.

It starts about five minutes after Mass (around 8:35 am). It can be the best fifteen minutes of the day. If you cannot join us, perhaps you can join the Divine Mercy on EWTN television channel at noon.

THE KIDS' BULLETIN

Take home some fun in God's Word, grab a copy of **"The Kids' Bulletin"** at the exits of the Church after Mass!



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COFFEE & DONUTS AVAILABLE AFTER 7:30 AM, 9:00 AM & 10:45 AM MASSES AT THE PARISH CENTER!



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Mark Your Calendar

- 8/16 K of C Installation Ceremony @12:30pm Mass
- 8/22 Annual Car Show and Barbecue
- 8/26 St. Barnabas School Year Begins
- 8/30 Religious Ed. Registration Begins
- 9/13 Ministry Fair
- 9/20 Religious Ed. Classes & Preschool Begins
- 9/20 2nd Year Confirmation Begins
- 10/4 1st Year Confirmation Begins
- 10/17 Ministry Appreciation Dinner

Weekly Mass Intentions

Monday, August 10th

8:00 am- Pedro & Francisco Jacinto +

Tuesday, August 11th

8:00 am- Fr. David Shwartz +

Wednesday, August 12th

8:00 am - Clarence Bevington, Jr. +

Thursday, August 13th

8:00 am - Heliodoro Solis+

Friday, August 14th

8:00 am - Royce Rivera

Saturday, August 15th

8:00 am - Judith Karr +

5:00 pm- Maria Luisa Ramirez

Sunday, August 16th

7:30 am - Alex Castro Alvarez Jr.+

9:00 am - Intention of St. Barnabas Parishioners

10:45 am- Paul Crawford +

12:30 pm- Bonifacio & Hermenia Avacena+

5:30 pm- Cleomie Valcinus

**Book your Mass Intentions in person, at the Parish Office.*

Pray For The Sick

The following names have been recently added:

James Scott, Al Susanka, Danny Watcher
and Mary Bruaski.

All are encouraged to pray for them and others already included in the **Prayer Intention Book**, which will be presented at each Mass. Call the Office to be added to the list. You may also write your own prayer intentions in the Prayer Intention Book that will be available before each Mass on Saturday and Sunday, located on a stand at the back of the Church.

We Remember...

We Pray for and remember those who have died.

- Robert Michael Fitch (6/23)
- Jose Bautista (7/20)
- Pierre Acain Villanueva (7/3)
- Efren Santos (7/22)
- William Kudron (7/12)
- Frank Salinas (7/24)
- Nellie Flores (7/14)

Today's Readings

First Reading — After resting and taking nourishment twice, Elijah is strengthened to walk to the mountain of God, Horeb (1 Kings 19:4-8).

Psalms — Taste and see the goodness of the Lord (Psalm 34).

Second Reading — Be sealed by the Holy Spirit of God so as to be imitators of God and live in love (Ephesians 4:30 — 5:2).

Gospel — Jesus professes that he is the living bread and whoever eats this bread will live forever (John 6:41-51).

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Readings For The Week

Monday: 2 Cor 9:6-10; Ps 112:1-2, 5-9; Jn 12:24-26

Tuesday: Dt 31:1-8; Dt 32:3-4ab, 7-9, 12;
Mt 18:1-5, 10, 12-14

Wednesday: Dt 34:1-2; Ps 66:1-3a, 5, 8, 16-17;
Mt 18:15-20

Thursday: Jos 3:7-10a, 11, 13-17; Ps 114:1-6;
Mt 18:21 — 19:1

Friday: Jos 24:1-13; Ps 136:1-3, 16-18, 21-22, 24;
Mt 19:3-12

Saturday: Vigil: 1 Chr 15:3-4, 15-16; 16:1-2; Ps 132:6-7,
9-10, 13-14; 1 Cor 15:54b-57; Lk 11:27-28
Day: Rv 11:19a; 12:1-6a, 10ab;
Ps 45:10-12, 16; 1 Cor 15:20-27; Lk 1:39-56

Sunday: Prv 9:1-6; Ps 34:2-7; Eph 5:15-20;
Jn 6:51-58

Saints & Special Observances

Sunday: Nineteenth Sunday in Ordinary Time

Monday: St. Lawrence

Tuesday: St. Clare

Wednesday: St. Jane Frances de Chantal

Thursday: Ss. Pontian and Hippolytus

Friday: St. Maximilian Kolbe

Saturday: Assumption of the Blessed Virgin Mary

Parish News

WELCOME TO OUR PARISH!

We welcome all newcomers to the neighborhood and those who have been attending our Sunday Eucharistic Celebrations. We encourage you to come to the parish office and register as a member of this parish. Registration forms available in the parish office or on the website at www.stbarnabaslb.org

St. Barnabas School News

The school office is open Mon-Fri 8:00 am - 2:00 pm. Applications for new students and returning students will be available in the school office during office hours. ***
You can also download an application via the school's website: www.school.stbarnabaslb.org ***

The school, mindful of its mission to be a witness to the love of Christ for all, admits students regardless of race, color or national and/or ethnic origin to all rights, privileges, programs and activities generally accorded or made available at the school.

The school does not discriminate on the basis of race, color, disability, sex or national and/or ethnic origin in the administration of educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs, although certain athletic leagues and other programs may limit participation and some archdiocesan schools operate as single sex schools.

While the school does not discriminate against students with special needs, a full range of services may not always be available to them. Decisions concerning the admission and continued enrollment of a student in the school are based upon the student's emotional, academic and physical abilities and the resources available to the school in meeting the student's needs.

Ministry News

The Religious Ed. Office is closed for the summer. Registration for Preschool, Elementary, Jr High and Confirmation will begin **Sunday, August 30th** and **continue through the month of September.**

- Classes for Religious Ed and Preschool will begin on Sunday, September 20th.
 - 2nd Year Confirmation will begin Sunday, Sept. 20th
 - 1st year Confirmation will begin, Sunday, Oct. 4th
- Continue to watch your wonderful bulletin for more information. Have a wonderful, blessed, and restful summer!

August Annual Car & Motorcycle Show!

Come and join us for a fun afternoon of cool cars, motorcycles, music, food, raffles, awards and community on **Saturday, August 22nd, from 10:30 am - 4:00 pm** in the church parking lot. Entrance fee \$5.



We will have a blessing of the cars & motorcycles in the show at 1pm by Fr. Antony, and a prayer card for their vehicle for safe driving.

For further info or if you want to enter your car, please call **Jose Silva at (562) 426-1707 or the RE Office (562) 988-6855.** All proceeds go to our Religious Education Ministries - our children, youth, and Peer Ministry. Come out and enjoy and enjoy the day!



Learning More About Our Catholic Faith

St. Barnabas Catholic Community invites you to learn what it means to be Catholic, to delve deeper and understand the Catholic Faith through the Adult Initiation Process (**R.C.I.A**) **Rite of Christian Initiation for Adults.** These sessions are for those interested in joining the Catholic Faith OR if you need to complete your sacraments of initiation – Confirmation & Eucharist, or if you would just like to learn more about your Catholic faith. We'll begin these sessions at the end of August. Watch bulletin for more information. If you are interested in more information on the RCIA process, call us at **(562) 988-6855** or call Parish Office at (562) 424-8595.

Good News!

August 9, 2015

NINETEENTH SUNDAY IN ORDINARY TIME (B)

1 Kgs 19:4-8 / Eph 4:30-5:2 / Jn 6:41-51

I have a clear memory of leaning over to the classmate in the next row and complaining about an assignment we had just been given. I wasn't the only one. Throughout the classroom, pairs of heads came together in a wave of rolling eyes and muttered remarks. I suppose we thought it went unnoticed. "Is there anything you would like to share with the rest of the class?" the teacher asked. "No, thank you," was the general response. We were a little embarrassed at having been found out.

That long-ago recollection surfaced as I read that the crowd "murmured" when Jesus said that he was the bread that came down from heaven. The word is also used of the Israelites who "murmured" about their hunger in the desert. Jesus calls them out by answering the question they thought he didn't hear. When he explains that he is greater than the manna that kept them alive in the desert, they can't believe their ears. They couldn't see that Jesus was far more than they understood him to be and they did not have faith in him because of that.

Has there ever been a time when you have murmured to yourself or someone else about God? Maybe God called you to ministry and you didn't believe him. Maybe he asked you to give up something and you complained like I did in that class of years past. Maybe you think God has been unfair to you. Save you breath; God hears you. Instead, go to him. Pour out your questions and fears and, with an open and willing heart, listen to the promise of life he alone can give you.

Mary Katharine Deeley
sundaybulletin@liguori.org

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♪♪ **WE NEED YOU!!!!!!**

Musicians & Singers to help with our Masses! We have added another Mass on Sundays, so we are in need of more ministers of music! Please call the Parish Office at **(562) 424-8595** and leave your name and phone number. We will get back to you! When you sing you pray twice.



ADDITIONAL PROJECTOR REQUEST

We are seeking donations toward an additional projector in the church. The current projector works very well, however it is not clearly visible throughout the church. We plan to install the new projector opposite of the existing to utilize these tools to their full potential. We hope you prayerfully consider joining this effort. You can place donations in the regular collection baskets - **Please stipulate on your checks "for projector" or place in a separate envelope and mark "for projector"**. Thank you in advance for your generous donations.

Congratulations To The Following:

WELCOME NEW PARISHIONERS!

Al & Francis Navarro/Family, Noel & Arlene Soto/Family and Tricia Jimenez/Family

Are You Celebrating An Anniversary?

If you are celebrating your 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55 or 60th Wedding Anniversary, please let us know so we can all celebrate with you! Please call the Parish Office at **(562) 424-8595** with Names, year you are celebrating, along with your Wedding Anniversary date.

Holy Humor

Father Frank began the liturgy by announcing, "There's something wrong with this microphone."

One of the older members of the congregation replied semi -automatically, "And with your spirit."

OH, BROTHER! Belly Laughs for Good Humored Catholics By Brother Loughlan Sofield,
ST Copyright © 2015 by Brother Loughlan Sofield, ST

God is a good worker;
but loves to be helped. - Basque proverb

Church's Financial Report

Thank you for your support of St. Barnabas Parish.
Collection on Eighteenth Sunday in Ordinary Time

\$11,673.26

Thank you for your prayerful giving. Your generosity supports the operations of our Church community.

Sacred Heart 
Retreat House
Promoting the Spiritual Life

RESERVE NOW! FIRST COME, FIRST SERVED!

Women Silent Retreat

September 11th - 13th, 2015

Friday, 5:00 pm — Sunday, 12:00 pm

Sacred Heart Retreat House

920 E. Alhambra Road, Alhambra, CA 91801

Room Rates:

- Share-A-Room \$180.00
- Semi-Private Room \$240.00
- Private Room \$260.00

Retreat Master:

Rev. Phillip DeVous from the Diocese of Covington, KY

Contact: Connie Dobberpuhl (562) 426-3735
Or Barbara Florida (562) 423-1278

CORNERSTONE CREW



WE ARE VERY PROUD OF OUR "CORNERSTONE

CREW: Dave Koegel, Dave Ahle, Benjamin Ahle, Bob Carambelas, and Mike Demuth as they diligently work to breathe new life into the beauty of our Church. Their most recent project, repairing the garage door facing the parking lot, is now complete. Currently, Mike is tackling one of the larger projects, repairing many of the kneelers in need of attention.

If you are handy with wrenches and power screw drivers, we need you to assist in finishing this project, or if you would like to help with future projects, please contact the rectory at (562) 424-8595.

Planning and Building Projects

St. Barnabas Building and Planning Committee needs part time volunteers to assist in periodic repairs and maintenance of the parish facilities (on an "as need" basis). These activities usually occur during weekdays and some Saturdays. Different types of talents are needed at various times. At present we are looking for about four people who are handy with wrenches and power screw drivers, to assist in repairing the church pew kneelers.

If you are interested in volunteering your talents, please call the rectory at 562-424-8595, give us your info and we will call you back.

St. Barnabas is everyone's home!

Knights of Columbus News



One of the future events for the Knights includes an Installation Ceremony for the new officers. All family members and parishioners are welcome to the Installation Ceremony and potluck afterwards, sponsored by the ladies auxiliary. The ceremony will take place on **Sunday, August 16th at the 12:30 PM Mass.**

Knights of Columbus Meeting on **Wednesday, August 12th, 2015 at 7:00 pm at the Parish Hall.** Contact Walde Cruz at (562) 682-0768 for more info.

Pilgrimage to Holy Land & Jordan



Petra, Jordan -
"The Rose Red City"

The city was first established in 312 BC; making it one of the oldest metropolises in the world.

Fr. Antony Gaspar is leading a pilgrimage tour to the Holy Land and Jordan. If you are interested to witness the Bible coming to life, see the land where Jesus walked on our earth, and spiritually uplifted, you may not want to miss this opportunity.

Tour Date: April 13 – 23, 2016 Cost: \$ 3,300.00

**Additional information available on our website:
www.stbarnabaslb.org**

Contact: Parish office: (562) 424-8595

Sunday Series

Symbols for St. Therese (the Little Flower) Part 2 of 3

In the top right and left hand corner is an ear of corn and a Lighted candle - representing Christ in the Eucharist and as the true light of the world.

The Crucifix- represents her love of the passion of Christ and her own journey of suffering.

The chain of snowflakes - represents the snow that fell on her at her profession of vows.

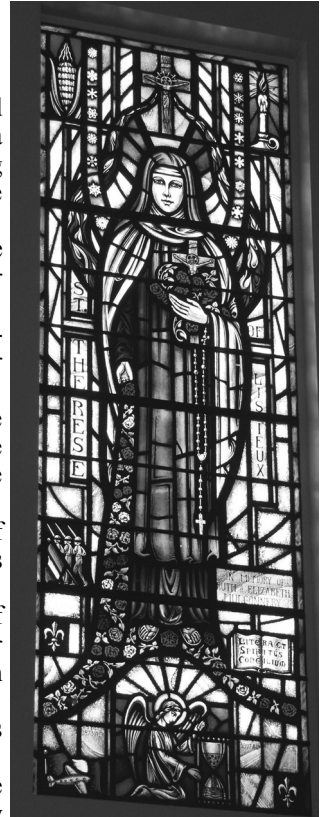
The flames coming from the crucifix- represent her call from the Holy Spirit to be "love" in the Mystical Body of Christ.

The shower of roses- remind us of her promise to send God's graces upon those who ask her help.

The soldiers with the flag of France- remind us of her apparitions to soldiers on both sides in World War I.

The Fleur de lis- reminds of us her birth in France.

The Angel and chalice at the bottom- commemorate her agony in the last years of her life.



Many thanks to Fr. George for his help with the symbols.

TREASURES FROM OUR TRADITION

In an age given to slogan T-shirts, one of the last bastions of "dressing up" is the wedding. Everyone seems to stretch toward the old ideal of "Sunday best" for these moments. In our tradition, clothing is immensely important. Coming out of the baptismal water, we are immediately vested with a white garment. "You have clothed yourself in Christ," the new Christian is told, and a white garment is the token of being born into God's family. Sadly, this is the last time most Christians wear this garb until their funeral, when the family spreads a pall as a reminder of baptismal identity.

Increasingly today, we are seeing the alb as the proper garb for liturgical ministers, men and women. In ancient Rome, sleeveless tunics of varying colors were worn by everyone, and so at baptism the new Christians could be expected to wear their new garb under their everyday clothes. Sleeves were a problem for ancient Romans, who thought they were a barbarian fashion. As is so often the case, eventually the barbarians won the day, and by the third century the long-sleeved garment worn by ministers today was familiar liturgical garb.

—Rev. James Field, Copyright © J. S. Paluch Co.

