



The Most Holy Body and Blood of Christ

May 29, 2016

# ST. BARNABAS CATHOLIC CHURCH

3955 Orange Avenue, Long Beach, California 90807 | (562) 424-8595

Website: [www.stbarnabaslb.org](http://www.stbarnabaslb.org) |  | 

**MISSION STATEMENT:** *"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."*

**Rev. Antony J. Gaspar Ed.D.**  
Parish Administrator

**Rev. George Reynolds**  
Associate Pastor

**Dn. Carlito de los Reyes**  
Permanent Deacon

## PARISH OFFICE

(562) 424-8595 | Fax (562) 595-7875

Emergency (562) 424-8596

Parish E-Mail:

[church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)

Melissa Ray | Olivia Baylen  
Elizabeth Davila

## OFFICE HOURS

Monday-Friday 8:30 am - 4:30 pm

Saturday 9:00 am - 4:30 pm

Sunday 9:00 am - 2:00 pm

## MASS TIMES

**SATURDAY** 8:00 AM  
(VIGIL) 5:00 PM

**SUNDAY** 7:30 AM  
9:00 AM  
10:45 AM  
12:30 PM  
5:30 PM

**MONDAY-FRIDAY** 8:00 AM

**WEDNESDAY** 6:30 PM

## EUCCHARISTIC ADORATION/MASS

Adoration First 8:30 am - 7:00 pm

Friday of the month Mass 7:30 pm

## MOTHER OF PERPETUAL HELP NOVENA/MASS

Wednesday Rosary 6:15 pm  
(Novena after Mass) Mass 6:30 pm



## SACRAMENTS

### Confession

1st Friday of the month 7:15 am - 7:50 am

Saturday 3:30 pm - 4:30 pm

### Infant Baptisms

4th Sunday of the month 2:30 pm  
by prior registration

### Weddings

Please contact Priest 6 months prior

### Anointing of the Sick

Please call the Parish Office

**I will take the cup of  
salvation and call on the  
name of the Lord.**

- Psalm 116:13

### FED BY THE LORD

Jesus' words "This is my body" and "This cup is the new covenant in my blood" were only part of his table blessing. Jesus twice said: "Do this in remembrance of me" (1 Corinthians 11:24, 25).

This is the good news of today's solemnity. Like the five thousand hungry souls, we are fed by our Lord. This is not food that satisfies for only a short time, until the next meal. It is food that lasts and changes us. It is food for sharing in much the same way as Melchizedek did when he brought bread and wine to the returning Abraham.

As children of God's reign, we are blessed to be able to receive and share God's gift. And we do so in the way most appropriate to our state in life—as parents, children, husbands, wives, or religious.

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*Faith is not merely praying  
Upon our knees at night;  
Faith is not merely straying  
Through darkness into light . . .  
Faith is the brave endeavor,  
The splendid enterprise,  
The strength to serve, whatever  
Conditions may arise.*

—Anonymous

## **RELIGIOUS EDUCATION & CONFIRMATION**

**(562) 988-6855**

3955 Orange Avenue, Long Beach, CA 90807  
Email: [re@stbarnabaslb.org](mailto:re@stbarnabaslb.org)  
Director: Rita Courville Coffey

## **ST. BARNABAS SCHOOL**

**(562) 424-7476 Fax (562) 981-3351**

3980 Marron Avenue, Long Beach, CA 90807  
Email: [stbarnabas\\_jkellam@yahoo.com](mailto:stbarnabas_jkellam@yahoo.com)  
Principal: Jennifer Kellam  
Website: [www.school.stbarnabaslb.org](http://www.school.stbarnabaslb.org)

## **MINISTRY DIRECTORY**

### **ADORATION COORDINATORS**

Charito Salas: (562) 490-9853  
Myra Magbitang: (562) 749-0785

### **ALTAR SERVERS**

Stephanie Herrera: (562) 981-2771

### **BULLETIN TEAM/SOCIAL MEDIA/WEBSITE**

Joyce Kaiser: (562) 988-6855

### **CENACLE ROSARY GROUP**

Annie Pallivathukal: (562) 492-9587

### **COFFEE & DONUTS**

Peter Salas: (562) 852-1180

### **COUPLES FOR CHRIST**

Roy/Faye Rivera: (562) 424-5366

### **CURSILLO**

Matt Dobberpuhl: (562) 858-5394

### **DIVINE MERCY APOSTOLATE**

Alvino/Carmen Jauregui: (562) 428-3760

### **EXTRAORDINARY MINISTERS OF HOLY COMMUNION**

Samanth Christi: (562) 521-4040 Church  
Jim Supancheck: (562) 424-3599 The Sick

### **FILIPINO-AMERICAN ASSOCIATION**

Dr. Gene Lowther: (562) 427-1386

### **FINANCE COUNCIL**

Jun Magbitang: (562) 426-2910

### **HOLY NAME SOCIETY**

Bob Frazier: (562) 843-5824

### **INFANT BAPTISM**

Parish Office: (562) 424-8595

### **KNIGHTS OF COLUMBUS (Council #3449)**

Waldy Cruz: (562) 682-0768

### **LANDSCAPE BEAUTIFICATION**

Robert Kalowes: (562) 225-1946

### **LECTORS**

Marina Cuico: (562) 254-8133

### **LEGION OF MARY**

Rosamma Michael: (562) 426-9509

### **LITURGICAL MUSIC COORDINATOR**

Rita Courville Coffey: (562) 988-6855

### **OUR LADY OF PERPETUAL HELP NOVENA**

Dn. Carlito de los Reyes: (562) 786-7746

### **OUR LADY QUEEN OF PEACE MINISTRY**

Tricia J: (303) 803-0287

### **PASTORAL COUNCIL**

Geraldine Johnston: (562) 498-8187

### **PEER MINISTRY**

Rita Courville Coffey: (562) 988-6855

### **PLANNING & BUILDING TEAM**

Sean Farragher: (562) 533-6444

### **PROJECT ACHIEVE MINISTRY**

Michelle Gustilo-Smithson: (310) 344-7862

### **RCIA / ADULT SACRAMENTAL PREP**

Rita Courville Coffey: (562) 988-6855

### **RESPECT LIFE**

Robert Kalowes: (562) 426-3781

### **SACRISTANS**

Geraldine Johnston: (562) 498-8187

### **SAFEGUARD THE CHILDREN & YOUTH**

Sandy Komine: (562) 833-7290

### **STEWARDSHIP COMMITTEE**

Robert Kalowes: (562) 225-1946

### **USHERS & GREETERS**

Darrell Stewart: (562) 424-8982

### **WEDDING/QUINCEAÑERA COORDINATOR**

Deb Ryan: (562) 209-2458

### **WELCOME HOME MINISTRY**

Lisa Johnson: (562) 760-8138  
Karen Miller: (562) 756-4144

### **WORSHIP ENVIRONMENT/EVENT DECOR**

Michelle Feiner: (562) 208-7310

## **FINANCIAL REPORT**

### **Last Sunday's Collection:**

**\$10,935.32**

Thank you for your prayerful giving.  
Your generosity supports the  
operations of our Parish Community.

## **SAINT OF THE DAY**

### **Feast of the Sacred Heart of Jesus Feast Day: June 3**



On the feast of the Most Sacred Heart of Jesus (19 days after Pentecost Sunday), we give special honor to the source and symbol of the love Our Savior

has for us. Celebrated the Friday after the feast of Corpus Christi, the feast day celebrates the devotion to the Heart of Jesus; one of the oldest devotions of the Church, dating back in some form to the Patristic Era, the era of the early Church Fathers.

Paragraph Source: [catholicism.about.com](http://catholicism.about.com)

## **ROSARY/DIVINE MERCY**

Please join us in reciting the Rosary every morning **(Monday through Saturday) at 7:35 am**



before daily Mass. It is a beautiful and spiritual way to start your day. Every day following weekday Mass, we invite you to join us for the Chaplet of Divine Mercy. **It starts about five minutes after Mass (around 8:35 am).** It can be the best fifteen minutes of the day. If you cannot join us, perhaps you can join the Divine Mercy on EWTN television channel at noon.

Take home some fun in God's Word, grab a copy of **"The Kids' Bulletin"** after each Mass!



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### **COFFEE & DONUTS**

available after the  
**7:30 AM, 9:00 AM  
& 10:45 AM**  
Masses at the  
**PARISH CENTER.**  
**Come stop by!**

## Mark Your Calendar

- 5/30 Memorial Day - Office & School closed
- 6/2 SB School 8th Grade Graduation
- 6/3 1st Friday Adoration 8:30am-7pm; Mass 7:30pm
- 6/5 Filipino-American Assoc. Mtg 6:30pm/Parish Hall
- 6/18-7/18 Hall Entrance Renovation—NO Bookings

## Weekly Mass Intentions

### Monday, May 30th

8:00 am- +Luningning/Terry Ramos ; +Catherine Gallen

### Tuesday, May 31st

8:00 am- Fr. George Reynolds ; +Walter Toles

### Wednesday, June 1st

8:00 am- +Donald Ashley

6:30 pm- +Soledad Katigbac

### Thursday, June 2nd

8:00 am- Frankie Ramirez ; +Julio Atienza

### Friday, June 3rd

8:00 am- +Cesar Ramos

7:30 pm- +Fr. Michael Brooks, SS.CC

### Saturday, June 4th

8:00 am- +Ceferino Cruz ; +Rogelio ; +Domoteo ;  
+Marcelina

5:00 pm- All Departed Souls in our Memoriam Room

### Sunday, June 5th

7:30 am- +João Noronha ; Domingo & +Pacita Mendoza

9:00 am- +Antonio Fabon Sr. ; Intentions of St. Barnabas Parishioners

10:45 am- +Paul G. Crawford ; +Cesar Ramos

12:30 pm- Intentions of Pope Francis

5:30 pm- +Peg & +Jim McLaughlin

*\*Book your Mass Intentions in person, at the Parish Office. (+indicates deceased)*

## Pray For The Sick

### The following names have been recently added:

Gregorio Paderogo, Bong Lastrilla, Ricardo Facundo, Basil Bennet, Benjamin Crawshaw and Lorie Catangay

All are encouraged to pray for them and others already included in the **Prayer Intention Book**, which will be presented at each Mass. Call the Office to be added to the Bulletin list. You may also write your own prayer intentions in the Prayer Intention Book that is available before each Saturday and Sunday Mass, located on a stand at the main entrance of the Church.

## We Remember...

*We Pray for and remember our parishioners who have died.*

Jovita Picazo 4/15

Ralph Schepers 5/19

Richard Hagopian 4/25

Chito Tenza 5/5

## Today's Readings

**First Reading** — Melchizedek, the king of Salem and a priest of God Most High, brought out bread and wine and blessed Abram (Genesis 14:18-20).

**Psalm** — You are a priest forever, in the line of Melchizedek (Psalm 110).

**Second Reading** — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

**Gospel** — Jesus speaks to the crowd about the kingdom of God and then feeds them with five loaves and two fish (Luke 9:11b-17).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Readings For The Week

Monday: 2 Pt 1:2-7; Ps 91:1-2, 14-16; Mk 12:1-2

Tuesday: Zep 3:14-18 or Rom 12:9-16;  
Is 12:2-3, 4bcd-6; Lk 1:39-56

Wednesday: 2 Tm 1:1-3, 6-12; Ps 123:1b-2;  
Mk 12:18-27

Thursday: 2 Tm 2:8-15; Ps 25:4-5ab, 8-10, 14;  
Mk 12:28b-34

Friday: Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11;  
Lk 15:3-7

Saturday: 2 Tm 4:1-8; 1 Sm 2:1, 4-8abcd; Lk 2:41-51

Sunday: 1 Kgs 17:17-24; Ps 30:2, 4-6, 11-13;  
Gal 1:11-19; Lk 7:11-17



## Saints & Special Observances

Sunday: The Most Holy Body and Blood of Christ

Monday: Ninth Week in Ordinary Time;  
Memorial Day

Tuesday: The Visitation of the Blessed Virgin Mary

Wednesday: St. Justin

Thursday: Ss. Marcellinus and Peter

Friday: The Most Sacred Heart of Jesus;  
First Friday

Saturday: The Immaculate Heart of the Blessed  
Virgin Mary; First Saturday

## Parish Ministries

### **ST. BARNABAS FILIPINO-AMERICAN ASSOC.**

Please join us in our next meeting on **Sunday, June 5<sup>th</sup> at 6:30pm** in the Parish Hall. **New members are welcome and encouraged to attend.** We will also have a potluck dinner, so please bring a dish to share. For more information, please call Dr. Gene R. Lowther at (562) 427-1386 or Peter Salas at (562) 852-1180.

### **USHERS NEEDED**

We are in need of Ushers for the 5:30pm Mass on Sundays! This is a great ministry and an excellent way to serve God and your fellow parishioners. If interested, please call the Parish Office at (562) 424-8595 with your name and number.

### **WELCOME HOME MINISTRY**

We are looking for new members to join one of the newest Ministries here at our Parish! If you are a people-person and would like to help greet our parishioners before Mass, please contact Karen Miller at 562-716-4144 or Lisa Johnson at 562-760-8138 to find out when the next scheduled meeting will take place. It's a great way to get to know our fellow parishioners!

## Local Archdiocese News

### **MEMORIAL DAY MASS**

Monday, May 30, 2016 at 10:00 AM

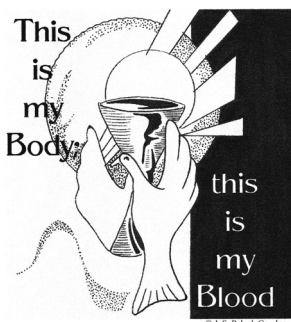
All Souls Catholic Cemetery  
4400 Cherry Ave. Long Beach, CA 90807

Principal Celebrant: Bishop Oscar Solis

ALL ARE WELCOME!

### **DID YOU KNOW?**

The Archdiocese of Los Angeles recently published an updated version of the annual brochure called Working Together to Prevent Child Sexual Abuse. This brochure provides parishioners with a list of policies and procedures regarding sexual abuse and education in the Catholic Church, as well as local programs and resources that work to protect abuse. For a copy of the 2016 brochure, check your parish vestibule, email [jvienna@la-archdiocese.org](mailto:jvienna@la-archdiocese.org) or call (213) 637-7227.



## Parish News

The Rectory Office and School will be **closed on Monday, May 30, 2016** in observance of Memorial Day.



**Memorial Day**

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*Welcome to Our Parish*

© J.S. Paluch Co., Inc.

**WELCOME TO**  
**ST. BARNABAS**  
**CHURCH!**

### **PARISH REGISTRATION**

"Active" membership at a Parish enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be married in the Parish and to prepare one's children for the Sacraments.

To be an "active" member is to participate in the life of prayer and stewardship in the Parish. All adults over the age of 21, living with their parents or on their own, must register in the Parish to be considered members. The use of the offering envelopes may also help you to qualify for tax incentives as well. Participating in one or more of the ministries offered by the Parish is proof of the sharing of time and talent for the greater good of our Church Community.

If you are new to the neighborhood, or need to update your contact information, please pick-up a registration form at the Parish Office, or print one from our website at [www.stbarnabaslb.org](http://www.stbarnabaslb.org).

### **SPECIAL COLLECTION – PRIEST RETIREMENT FUND**

Next weekend all parishes throughout the Archdiocese of Los Angeles will be asked to give generously to support the **Retirement Fund for Archdiocesan Priests. At each Mass on June 4<sup>th</sup> & 5<sup>th</sup>, a second collection will be taken to benefit this important program.**

Currently, the fund provides for more than 100 priests who are retired. Over the next ten years, that number is expected to increase significantly. With minimal compensation, and in many cases, no pension, these men often retire with nothing to fall back upon. Your contributions can change that.

The Priest Retirement Fund offers us a way to give back to our Catholic priests who have served us so faithfully. Your contribution will help archdiocesan priests live modestly and peacefully in retirement.

Help us offer thanks for their years of devotion to God, and faithful service to our parish communities.

Look for the brochures in the pews next weekend for more information.

## St. Barnabas School News

### SCHOOL ENROLLMENT

Please inquire to the school office for more information about registration for the 2016-2017 school year.

For more information on St. Barnabas School's upcoming events visit [www.school.stbarnabaslb.org](http://www.school.stbarnabaslb.org).

*The school, mindful of its mission to be a witness to the love of Christ for all, admits students regardless of race, color or national and/or ethnic origin to all rights, privileges, programs and activities generally accorded or made available at the school.*

*The school does not discriminate on the basis of race, color, disability, sex or national and/or ethnic origin in the administration of educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs, although certain athletic leagues and other programs may limit participation and some archdiocesan schools operate as single sex schools.*

*While the school does not discriminate against students with special needs, a full range of services may not always be available to them. Decisions concerning the admission and continued enrollment of a student in the school are based upon the student's emotional, academic and physical abilities and the resources available to the school in meeting the student's needs.*

# Good News!

May 29, 2016

### **MOST HOLY BODY AND BLOOD OF CHRIST (C)**

Gn 14:18-20 / 1 Cor 11:23-26 / Lk 9:11b-17

On a once-in-a-lifetime trip to Spain, my husband and I were privileged to witness a Corpus Christi procession near Barcelona that wound its way from the church through the streets and back to the church. At the head of the procession was a large ornate monstrance with a consecrated host inside held aloft on a platform carried by some of the priests assisted by others. Following behind was another priest incensing the monstrance and then the various church groups beginning with the children and including what I imagine were orders like the Knights of Columbus or the Solidarity of Mary. The mood was not solemn, but celebratory. Flowers marked the path and the participants. In a tradition dating back to the sixteenth century, an egg was dancing on the water spout in the church fountain. We were enchanted.

I do remember processions around my church—though never through the town—when I was a child, but they were solemn affairs and did not resemble the celebration we witnessed. What captured my imagination in Spain was the absolute joy on the faces of those processing. I remember the singing and the laughter and wonder, “What better response could we give to the Lord who gives himself to us in the Eucharist?”

Whether we process or not, whether we are in prayer before the tabernacle or monstrance or just going about our day, let us project the joy that comes from knowing the Lord and encountering him under the appearances of bread and wine which have become the Body and Blood of Christ.

Mary Katharine Deeley  
[sundaybulletin@liguori.org](mailto:sundaybulletin@liguori.org)

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## Congratulations To The Following:

### NEWLY REGISTERED PARISHIONERS:

Frederic & Nancy Thom & their family

### BAPTISMS:

Elise Leintz, Sebastian Cabuang, Chloe Choomngern, Ryan Diaz, Busby Berkeley, Eric Cuevas Jr., Benjamin Crawshaw

### WEDDING BANNS:

Buddy Hour & Joyce Hormigas

### MAY WEDDING ANNIVERSARIES:

Christopher & Genevi Legaspi 5/1 (15 yrs)

Jose & Susan Tuquero 5/4

Sonny & Marlou Mendoza 5/7 (38 yrs)

Ronald & Michelle Tan 5/8

Bill & Nora Mueller 5/9 (24 yrs)

Jesse & Erika Moreno 5/17 (20 yrs)

Sonny & Linda Abando 5/21 (50 yrs)

Napo & Marilou Manalo 5/30 (29 yrs)

Fred & Jeanette Lobato 5/31 (30 yrs)



Celebrating your Wedding Anniversary? Email us (a month before date) with Names, year you're celebrating, along with your Wedding Anniversary date to: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)

## Devotion To St. Peregrine

### PATRON SAINT OF CANCER PATIENTS

**Friday, June 3, 2016 at 6:30 PM**

If you have a family member or friend you would like us to pray for during the St. Peregrine Devotion, please feel free to call the Parish Office at (562) 424-8595 with Names (\*last name is optional).

Saint Peregrine is the patron saint of Cancer patients and we will be praying through the intercession of St. Peregrine for those who have Cancer and those who are Cancer survivors.

All are welcome to join us. **The novena is every First Friday of the month at 6:30 PM**, during Adoration of the Blessed Sacrament here at St. Barnabas Church.



## Holy Humor

Little Susie was watching her father the deacon write a homily. "How do you know what to say?" she asked her dad.

"Why, God tells me."

"Then why do you keep crossing things out?"

THE BOOK OF CATHOLIC JOKES, by Deacon Tom Sheridan published by ACTA Publications, Chicago, Ill

## First Friday Adoration

### ADORATION OF THE BLESSED SACRAMENT

Friday, June 3rd, 2016 – 8:30 AM to 7:00 PM

Come join us for meditative prayer before Our Lord in the Blessed Sacrament **every First Friday** of the month, starting after the 8:00 am Mass until 7:00 pm, followed by a Mass at 7:30 pm.

We invite our parishioners to spend some time before the Blessed Sacrament and pray for an increase in vocations and your own personal intentions.

*“The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this Sacrament of Love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith... May our adoration never cease.”*

– Saint John Paul II



# dear Padre

May 29, 2016

## Is taking just the host full participation?

Do we need both bread and wine to receive Christ's Body and Blood? If I receive only the host—not the Precious Blood—am I participating fully in the Eucharist?

By only taking the host you are participating fully. In the same way, if you only drink from the chalice you are participating fully. Jesus is always fully present in each form—both one and the other. Many times it is not possible to offer the chalice to a large congregation; yet there are also times when one cannot receive the host, especially in sickness, and consuming the Precious Blood is easier. In its teaching on the Eucharist, the Church invites us to receive both: “It is especially fitting to receive Christ in both forms during the celebration of the Eucharist. This allows the Eucharist to appear more perfectly as a banquet, a banquet that is a foretaste of the banquet that will be celebrated with Christ at the end of time when the Kingdom of God is established in its fullness (see *Eucharisticum Mysterium*, 32).” In John 6 Jesus invites us to both eat and drink, so it is good to do both if you are able. If you aren't able, or if the chalice isn't offered at your church, you still participate fully. Both forms are always present though, because the priest must always receive both.

FR. PATRICK KEYES, CSSR  
sundaybulletin@liguori.org

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**FRIENDLY REMINDERS** Kindly help us take care of our materials by keeping your pew clean and supervising young children. These little actions will help us take care of our Church. Also, please be courteous not to block any driveways, and do not park at the 99 cent store or your vehicle will get towed. Thanks for your cooperation.

 **Catholic Online**  
INFORM - INSPIRE - IGNITE

## SAINTS FUN FACTS

Saint Theresé Lisieux was a young Carmelite nun who devoted her life to loving God. As a permanent novice, she would never be able to perform great deeds. She did however scatter flowers, each flower a little sacrifice and action for God and love.



Written & Illustrated by John Sheppard

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