



The Most Holy Body and Blood of Christ

June 18, 2017

ST. BARNABAS CATHOLIC CHURCH

3955 Orange Avenue, Long Beach, California 90807 | (562) 424-8595

Website: www.stbarnabaslb.org |  | 



MISSION STATEMENT: *"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."*

Rev. Antony J. Gaspar Ed.D.
Pastor

Fr. Sebastian Venni
Priest-in-Residence

Dn. Carlito de los Reyes
Permanent Deacon

PARISH OFFICE

Office (562) 424-8595

Fax (562) 595-7875

Parish Office E-Mail:
church@stbarnabaslb.org
Melissa Ray | Olivia Baylen

OFFICE HOURS

Monday-Friday 8:30 am - 4:30 pm

Saturday 9:00 am - 4:30 pm

Sunday 9:00 am - 2:00 pm

MASS TIMES

SATURDAY 8:00 AM
(VIGIL) 5:00 PM

SUNDAY 7:30 AM
9:00 AM
10:45 AM
12:30 PM
5:30 PM

MONDAY-FRIDAY 8:00 AM

WEDNESDAY 6:30 PM

EUCCHARISTIC ADORATION/MASS

Adoration First 8:30 am - 7:00 pm
Friday of the month Mass 7:30 pm

MOTHER OF PERPETUAL HELP NOVENA/MASS

Wednesday Rosary 6:15 pm
(Novena after Mass) Mass 6:30 pm



SACRAMENTS

Confession

1st Friday of the month 7:15 am - 7:50 am

Saturday 3:30 pm - 4:30 pm

Infant Baptisms

4th Sunday of the month 2:30 pm
Email Office to register

Weddings

Contact Church 6 months prior. Inquiries,
please email: church@stbarnabaslb.org

Anointing of the Sick

Please call the Parish Office

**We are one body
in Christ.**

-1 Corinthians 10:17

TRUST IN JESUS

Today's feast celebrates another central mystery of our faith—the mystery of the Eucharist. Like the mystery of the Trinity, the real presence of the Body and Blood of Christ in the Eucharist can never be fully understood, but can only be believed. Just as the Israelites in the desert were invited to put their trust in God's word to them, we are invited to trust wholly in the word of Jesus. In today's Gospel Jesus promises to give us a share in his very own flesh and blood, and a share in eternal life besides. We are called to take him at his word and open our hearts to receive true nourishment and life from our participation in the Eucharist.

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**RELIGIOUS EDUCATION
& CONFIRMATION****(562) 988-6855**1130 Marshall Place, Long Beach, CA 90807
(Office located upstairs of Parish Center)
Email: RE@stbarnabaslb.org**ST. BARNABAS SCHOOL**
(562) 424-7476 Fax (562) 981-33513980 Marron Avenue, Long Beach, CA 90807
Email: stbarnabas_jkellam@yahoo.com
Principal: Jennifer Kellam
Website: www.school.stbarnabaslb.org**MINISTRY DIRECTORY**

ADORATION COORDINATORS	Charito Salas: (562) 490-9853 Myra Magbitang: (562) 749-0785
ALTAR SERVERS	Sylvia Gaytan: (562) 477-2143
BASEBALL LEAGUE FOR YOUTH	Joe Fletes 310-480-6637
BULLETIN TEAM/SOCIAL MEDIA/WEBSITE	Email: bulletin@stbarnabaslb.org
CENACLE MARIAN MOVEMENT	Annie Pallivathukal: (562) 492-9587
COUPLES FOR CHRIST	Roy/Faye Rivera: (562) 424-5366
CURSILLO	Rectory (562) 424-8595
DIVINE MERCY APOSTOLATE	Alvino/Carmen Jauregui: (562) 428-3760
EXTRAORDINARY MINISTERS OF HOLY COMMUNION	Samanth Christi: (562) 521-4040 Church Jim Supancheck: (562) 424-3599 The Sick
FILIPINO-AMERICAN ASSOCIATION	Dr. Gene Lowther: (562) 427-1386
FINANCE COUNCIL	Jun Magbitang: (562) 426-2910
HOLY NAME SOCIETY	Bob Frazier: (562) 843-5824
INFANT BAPTISM	Email: church@stbarnabaslb.org
I.T. RESOURCE TEAM	David Ameho (562) 253-3644
KNIGHTS OF COLUMBUS (Council #3449)	Jun Tadique (562) 331-6156
LANDSCAPE BEAUTIFICATION	Robert Kalowes: (562) 225-1946
LECTORS	Marina Cuico: (562) 254-8133
LEGION OF MARY	Barbara Florida (562) 423-1278
LITURGICAL MUSIC COORDINATOR	Ella Lagos: (562) 313-6891
OUR LADY OF PERPETUAL HELP NOVENA	Dn. Carlito de los Reyes: (562) 423-4140
OUR LADY QUEEN OF PEACE MINISTRY	Tricia J: (303) 803-0287
PASTORAL COUNCIL	Darrell Stewart: (562) 424-8982
PLANNING & BUILDING TEAM	Sean Farragher: (562) 533-6444
PROJECT ACHIEVE MINISTRY	Michelle Gustilo-Smithson: (310) 344-7862
RCIA / ADULT SACRAMENTAL PREP	Religious Ed Office: (562) 988-6855
RESPECT LIFE	Robert Kalowes: (562) 426-3781
ROSARY MINISTRY	Lisa Marie McDonald (626) 214-6260
SACRISTANS	Geraldine Johnston: (562) 498-8187
SAFEGUARD THE CHILDREN & YOUTH	Samanth Christi: (562) 521-4040
STEWARDSHIP COMMITTEE	Robert Kalowes: (562) 225-1946
USHERS & GREETERS	Darrell Stewart: (562) 424-8982
WEDDING COORDINATOR	Deb Ryan: (562) 209-2458
YOUTH MINISTRY	Religious Ed Office: (562) 988-6855
WELCOME HOME MINISTRY	Lisa Johnson: (562) 760-8138 Karen Miller: (562) 756-4144
WORSHIP ENVIRONMENT	Michelle Feiner: (562) 208-7310

FINANCIAL BLESSINGS

Weekly Contribution:	\$ 11,427.61
Faith-Direct Monthly Donation for: May	\$ 5,337.17

Thank you for your prayerful giving. Your generosity supports the operations of our Parish Community.

PARISH REGISTRAR

“Active” membership at a Parish enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be married in the Parish and to prepare one’s children for the Sacraments. To be an “active” member is to participate in the life of prayer and stewardship in the Parish. All adults over the age of 21, living with their parents or on their own, must register in the Parish to be considered members. The use of the offering envelopes, or through our online donation system Faith Direct, may also help you to qualify for tax incentives. Participating in one or more of the ministries offered by the Parish is proof of the sharing of time and talent for the greater good of our Church Community. Stop by the Parish Office to pick up a form, or print one from our website at www.stbarnabaslb.org. Welcome to St. Barnabas!!!

DAILY DEVOTIONS

Please join us in reciting the **Rosary** every morning (Mon-Sat) at 7:35am before daily Mass. It’s a beautiful and spiritual way to start your day. Every day following weekday Mass, we invite you to join us for the **Chaplet of Divine Mercy**. It starts about 5-minutes after Mass (around 8:35am). If you can’t join us, you can join the Divine Mercy on EWTN television channel at noon.

Take home some fun in God’s Word, grab a copy of **“The Kids’ Bulletin”** after each Mass!

**Monthly Flower Donors for
Tabernacle & Blessed
Mother:**

Norma Capitulo
June 10 –24



Mark Your Calendar

- 6/18 Father's Day
- 6/22 Summer begins
- 7/2 First Friday Adoration
- 7/4 United States Independence Day
- 7/5 Concert in the Park - Los Cerritos Park, 5:30 pm setup, concert starts at 6:30 pm
- 9/15-9/28 Pilgrimage with Fr. Antony Gaspar

Weekly Mass Intentions

Monday, June 19th

8:00 am- Alvino & Carmen Jauregui; +Joao Noronha; +Maria Paraiso

Tuesday, June 20th

8:00 am- Clarence L. Bevington Jr.; +Manuel Torrez; +Maria S. Violette

Wednesday, June 21st

8:00 am- Jacinta F. Garcia
6:30 pm- +Arsenia G. Ursua; Joy & Erie Mercado Jr.

Thursday, June 22nd

8:00 am- Susana F. Garcia

Friday, June 23rd

8:00 am- Ruben Espinoza; Edgar Rodriguez

Saturday, June 24th

8:00 am- Pio & Lesina Faolotoi

5:00 pm- +Juan De Lunas

Sunday, June 25th

7:30 am- Citas Pascua

9:00 am- +Jesusa Basilio; +Antonio Fabon; +Antonia Salas

10:45 am- Efren & Juliette Ferma; +Guillermo Zialcita

12:30 pm- +Bonifacio & +Hermenia Avencena; +Miguel Angel Morales

5:30 pm- +Vergel Villanueva

**Book your Mass Intentions in person, at the Parish Office. (+indicates deceased)*

Pray For The Sick

The following names have been recently added:

Jan Wynne, Samuel Russo, Angie Doctolero, Yvonne, Marnie Marigomen, Jim Supancheck, Jacky Isenhower

All are encouraged to pray for them and others already included in the **Prayer Intention Book**, which gets presented at each Mass. Call the Office to be added to the Bulletin list. You may also write your own prayer intentions in the Prayer Intention Book, that is available before each Saturday and Sunday Mass, located on a stand at the main entrance of the Church.

We Remember...

We Pray for and remember our parishioners who have died.

Lolita Coates 6/4

Christeta Galgana 6/6

Today's Readings

First Reading — Never forget the LORD your God, who brought you out of slavery and fed you with manna in the desert (Deuteronomy 8:2-3, 14b-16a).

Psalms — Praise the Lord, Jerusalem (Psalm 147).

Second Reading — Because the loaf of bread is one, we who partake of it, though we are many, are one body (1 Corinthians 10:16-17).

Gospel — Jesus said to the crowds, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Readings For The Week

Monday: 2 Cor 6:1-10; Ps 98:1, 2b, 3-4; Mt 5:38-42

Tuesday: 2 Cor 8:1-9; Ps 146:2, 5-9a; Mt 5:43-48

Wednesday: 2 Cor 9:6-11; Ps 112:1bc-4, 9;
Mt 6:1-6, 16-18

Thursday: 2 Cor 11:1-11; Ps 111:1b-4, 7-8; Mt 6:7-15

Friday: Dt 7:6-11; Ps 103:1-4, 6-8, 10;
1 Jn 4:7-16; Mt 11:25-30

Saturday: Vigil: Jer 1:4-10; Ps 71:1-6, 15, 17;
1 Pt 1:8-12; Lk 1:5-17

Day: Is 49:1-6; Ps 139:1-3, 13-15;
Acts 13:22-26; Lk 1:57-66, 80

Sunday: Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35;
Rom 5:12-15; Mt 10:26-33

Saints & Special Observances

Sunday: The Most Holy Body and Blood of Christ;
Father's Day

Monday: Eleventh Week in Ordinary Time;
St. Romuald

Wednesday: St. Aloysius Gonzaga; Summer begins

Thursday: St. Paulinus of Nola;
Ss. John Fisher and Thomas More

Friday: The Most Sacred Heart of Jesus

Saturday: The Nativity of St. John the Baptist

Stewardship For Children

Our Parish has initiated a new program for children: "Pennies for the Poor." The purpose is to teach the children the joy of giving back to God out of gratitude for all that God has given to them. We invite all our children to prayerfully consider collecting any loose changes (ie. coins, bills), and at each Sunday mass, during the Offertory, they will be invited to come to the altar to place their gifts in a special basket placed in front of the Altar. This collection will be towards supporting the poor and orphan children for their various needs. For more info, contact the Parish Office.



Parish News

Did you know that June 21 - the first day of summer - is National eGiving Day?

St. Barnabas can take particular joy in this celebration, as the response to eGiving in our church has been wonderful.

To build on this success, I am setting a National eGiving Day Challenge. My goal is for St. Barnabas families to put envelopes on a permanent summer vacation and make the switch to eGiving. This is especially important in the summer months, when many families may be out of town some weekends and St. Barnabas does not receive their envelopes. It's easy for people to forget to catch up once they're back, and our weekly offertory can fluctuate as a result – making it harder to predict how much we will have to sustain our year-round ministries.

The more families who welcome the beginning of summer by taking this National eGiving Day Challenge, the more consistency and predictable our offertory will be month after month – and this will help us do even more to spread Christ's love throughout the community.

Being part of this challenge is simple: Visit www.faithdirect.net and use our church code: CA794.

Thank you for your continued support of our parish family with your time and talents as well as treasure!

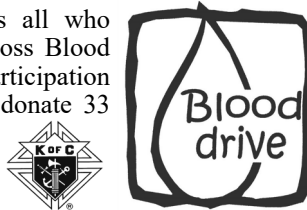
God Bless You,
Fr. Antony Gaspar

USHERS NEEDED

We still are in need of Ushers for the **5:30pm Mass on Sundays!** This is a great ministry and an excellent way to serve God and your fellow parishioners. If interested, please call the Parish Office with your name and number.

Blood Drive - Thank You!

The Knights of Columbus thanks all who participated in last week's Red Cross Blood Drive! Your generous, selfless participation enabled us to reach our goal and donate 33 pints of life-saving blood!



Father's Day Remembrance

Father's Day Remembrance envelopes are in the pews and in the Church Office. Kindly write down the name and address of the Father and return to the Church Office or offertory basket. They will be prayed upon for the entire month of June.

For those envelopes that indicate the Father as "living", St. Barnabas will mail a Father's Day card to the address provided, signed from St. Barnabas Church.

Parish Ministries

CORNERSTONE CREW

The Cornerstone Crew is looking for a few volunteers to help once a week on weekdays for special projects and miscellaneous repairs around the Church. **MUST BE HANDY WITH TOOLS!** Contact the Parish Office for more info!

CONCERT IN THE PARK

The Welcome Home Committee is sponsoring a parish "get together" at Concerts in the Park at Los Cerritos Park on Wednesday, July 5th. This is your opportunity to meet and get to know your fellow parishioners. We will be meeting at the northwest area of the park near the corner of San Antonio & Country Club Drive. The concert begins at 6:30. We will begin setting up at 5:30. Please bring your own picnic dinner. Look for the blue EZ Ups with St. Barnabas signs. Call Karen Miller at 562-756-4144 with your questions or if you need help with transportation.



Treasures From Our Tradition

At the heart of today's solemnity is a eucharistic procession, held in many parishes, that calls to mind the procession of Holy Thursday, yet has a purpose different from the somber adoration in the night watch. In the late Middle Ages, a procession through the city with the Blessed Sacrament was an occasion of heartfelt joy and great emotion. In a time when people seldom approached the altar to receive Holy Communion, the procession through the streets, past homes and workplaces, was a vibrant reminder that Christ was with them as a dear companion and guide.

Every year on this day, a joyful procession winds through the streets of Rome from the Lateran cathedral. A few years ago, Pope John Paul II, deeply moved at the sight of the throng accompanying the sacred host, said that we ought to feel profoundly united with the faithful everywhere in the world at such a moment. "Before our mind's eye all the Churches of the world, from East to West, from North to South, are present." Originally this feast was on the Thursday after Trinity Sunday, but after the calendar reform of 1970, its title was expanded from "Corpus Christi" to "The Body and Blood of Christ" and in the United States it was moved to the Sunday after Trinity Sunday. Even though Easter season ended two weeks ago, this beautiful feast is aglow with Easter light.

-Rev. James Field, Copyright © J. S. Paluch Co.

Year of the Rosary: Jan. 1-Dec. 31

We invite all St. Barnabas Parishioners to place our focus on one of the most beautiful gifts of our faith, the Rosary. We will focus on strengthening our worship and prayer activities with spiritual talks and events throughout 2017.

ROSARY LEADERS NEEDED

Already a tradition in our daily masses, we are seeking individuals and families to guide the Rosary 25-minutes before all Masses on weekends. We provide you with a script of the prayers to help you lead. Please sign-up in the red folder near the entrance by the baptismal font.



CANDLE-LIT ROSARY PROCESSION

Candle-lit Rosary Procession with Benediction every First Saturday of the month after the 5pm Vigil Mass. Please consider participating in this powerful expression of our Faith! ****Next Date: SATURDAY, JULY 3ST, 2017****



Pilgrimage - *It's not too late!*

DIVINE MERCY & MEDJUGORJE PILGRIMAGE

Fr. Antony Gaspar will be the Spiritual Director on this pilgrimage, that will be visiting the countries of Poland, Czech Republic, Austria, Bosnia-Herzegovina & Croatia. Pilgrimage is from Sep. 15 -Sept. 28, 2017. Pilgrimage flyers at the entrances to the church or contact Fr. Antony at 562-424-8595.



Women's Silent Retreat

Don't miss this unique spiritual experience.

Women's Silent Retreat Sept. 8-10, 2017

Located in the beautiful and serene grounds of the Sacred Heart Retreat House, Alhambra.

Retreat Master: Msgr. Eugene Morris, S.T.L.

Theme: "Streams of Grace and Mercy"

Invite family and friends to share a personal quiet time with God.

The weekend retreat begins at 5:00p.m. on Friday and ends at 12:30p.m. on Sunday. Reservation application and payment deadline is August 20th. For more information contact: Barbara Florida (562) 423-1278



Dear Padre

JUNE 18, 2017

Why does my priest tell me it's not OK for Catholics to be cremated and have their ashes scattered?

An answer from Catholic Tradition needs to start with reminding ourselves that respect for the dignity of the human person, who is a union of body and soul, is a core moral principle. We must keep this in mind as we make decisions throughout life and into death.

Cremation is not forbidden by the Church, but the scattering of ashes is. According to the *Catechism of the Catholic Church*, "The Church permits cremation, provided that it does not demonstrate a denial of faith in the resurrection of the body" (CCC 2301). The scattering of ashes represents a denial of our Christian belief in the resurrection of the body in both its communal and individual elements.

The cremated remains represent the human person and are a sign of how God blessed us through this person. Dispersing these ashes over a lake or field is inappropriate because final closure to our earthly life should include remaining with the community of faith, even in death, as we await the resurrection of the body.

The remains also symbolize the individuality of that person, and burying them in consecrated ground or putting them in a columbarium honors the unique sacredness of the person's life. That's why Catholic cemeteries provide space for the remains of those who are cremated. It also provides a place where loved ones can show respect for the remains—a place and space that doesn't exist when cremated remains are scattered.

Source: Liguorian, February 2011

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Good News!

June 18, 2017

Solemnity of the Body and Blood of Christ (Corpus Christi) (A)
Dt 8:2-3, 14b-16a; 1 Cor 10:16-17; Jn 6:51-58

The Book of Deuteronomy is written to the Israelites now safely in the Promised Land. After the pains of the desert, they enjoy prosperity and blessing. In the desert they were given a food they had never known before. Manna was a new discovery and a gift for their survival. Now that they could enjoy fruit and meat, Moses commands them to remember when they totally depended on God. In their abundance, they run the risk of forgetting all God has done. They are asked to recall, to remember, to memorize.

Cultivating our memory and recalling the acts of God's fidelity and providence are important to nurturing our faith. If we don't, our mind will glorify the forbidden fruits, or, like the Hebrews remembering the onions of Egypt, we will desire the food of our slavery.

We also experience a deeper hunger, more persistent than the physical. We hunger for love, freedom, peace, and communion. Jesus satisfies the deepest desires of the human heart. He gives up everything to win us back, even his own body and blood. We find freedom in submitting ourselves to the one who lifts us up. Peace and communion come from sharing the cup of his love. Jesus truly satisfies our hunger and thirst.

When we look around, foods are available that claim to be more satisfying. Some, in the absolute, can be venom: wealth, power, pleasure. Other realities, even the most pure, are beautiful but only partially nourish us, leaving us unsatisfied. The only truly filling food is that which the Lord gives.

For Reflection

Where do I go to eat? Who or what nourishes me? Am I tempted, enslaved, or weakened by less filling foods?

Fr. Mark Haydu, LC

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Congratulations To The Following:

NEW/RE-REGISTERED PARISHIONERS:

David & Robina Sanders and their family.

BAPTISM:

6/10: Santiago Verdin

WEDDING ANNIVERSARIES:

Leonard & Patricia Baquir 6/4 (40yrs)

Jim & Trini Reza 6/8 (1yr)

Roy & Faye Rivera 6/12

Jun & Josielyn Tadique 6/18 (25yrs)

Alvino & Carmen Jauregui 6/19 (45yrs)

Stephen & Vivian Abatay 6/21 (20 yrs)

Richard & Joan Watson 6/23 (44 yrs)

Saida & David De La Cruz 6/24 (11 yrs)

Efren & Juliette Ferma 6/25 (50yrs)

Chris & Aurora Sarmiento 6/27 (41yrs)

Son & Kimloan Nguyen 6/27 (30yrs)

Reynante & Vivian Senar 6/29 (48yrs)

Larry & Terry Beauchamp 6/30 (16 yrs)



Celebrating your Wedding Anniversary?
Email us with Names, year you're celebrating, along with your Wedding
Anniversary date church@stbarnabaslb.org

Holy Humor

There's a guy at the Pearly Gates waiting to be admitted while St. Peter is paging through his book to see if the man is worthy. Peter flips through the book several times, furrows his brow, and says, "You know, I can't see that you did anything really good in your life but, you never did anything bad either. Tell you what, if you can tell me of one REALLY good deed that you did in your life, you're in!"

The guy thinks for a moment and says, "Yeah, there was this one time when I was driving down the highway and I saw about 50 members of a biker gang torturing this poor dog. Infuriated, I got out my car, grabbed a tire iron and walked straight up to the gang's leader, a huge guy with a studded leather jacket and a chain running from his nose to his ear. As I walked up to the leader, his thugs circled around me. So I ripped the leader's chain off his face and smashed him in the head with the tire iron. Then I turned around and yelled to the rest of them, 'Leave this poor, innocent dog alone, you slime! Go home before I teach you all a lesson in pain!'"

St. Peter, impressed, says, "Really? When did this happen?"

"About two minutes ago." says the man.

THE BOOK OF CATHOLIC JOKES, by Deacon Tom Sheridan published by ACTA Publications, Chicago, Ill

Jesse Moreno

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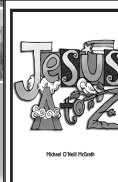
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