



ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

PARISH OFFICE:
OFFICE # 562-424-8595
FAX # 562-595-7875

OFFICE E-MAIL:
church@stbarnabaslb.org

OFFICE HOURS:
Mon-Fri: 9:00am-7:00pm
Sat: 9:00am-4:30pm
Sun: 9:00am-2:00pm

REV. ANTONY GASPAR
PASTOR

REV. MICHAEL GRIECO
ASSOCIATE PASTOR

DN. CARLITO DE LOS REYES
PERMANENT DEACON

Office Manager: Olivia Baylen
Business Manager: Sam Christi

The Most Holy Trinity

June 16, 2019



GLORY TO THE FATHER,
THE SON, AND HOLY SPIRIT;
TO GOD WHO IS, WHO WAS,
AND WHO IS TO COME.

Copyright © J.S. Paluch Co. Inc. - Photos: © istadonets/Adobe Stock

Revelation 1:8

Good News!

June 16, 2019
Most Holy Trinity (C)
Prv 8:22-31; Rom 5:1-5; Jn 16:12-15

The Trinity at first appears as the most abstract belief in Christianity. It touches the mystery of God's nature, how he exists, and how he acts. So, yes, it is mysterious. But as with all foundational truths, they have far-reaching effects. It is essential to grasp the basics because, if not, everything you build with them will be faulty. Thus it is vital for Christians to understand and believe in the Trinity. This is a basic building block of all we believe. "The mystery of the Most Holy Trinity is the central mystery of Christian faith and life" (*Catechism of the Catholic Church*, 234).

The pope and one of the earliest councils of bishops confronted just this question of the Trinity. At the Council of Nicaea in the year 325, the bishops discussed what Jesus revealed to us about the Trinity. The fruit of their meetings nearly 1,700 years ago is the Nicene Creed that we still pray today.

The three divine persons are one and the same in their divine nature, but distinct in their relations. God the Father Almighty is the Creator of heaven and earth. Jesus Christ is the Word through whom the Father created all things and the Savior he sent into the world. The Holy Spirit is the love of the Father and Son who is sent to sanctify humanity by leading people in the truth revealed by the Father and Son. God is the Creator, Jesus the Savior, and the Holy Spirit is Sanctifier and Teacher. Three divine persons acting together with a common mission, but one God.

—Fr. Mark Haydu, LC

© 2019 Liguori Publications, Liguori, MO 63057-9999. Printed in U.S.A. Imprimatur: "In accordance with CIC 827, permission to publish has been granted on January 17, 2019, by the Most Reverend Mark S. Rivituso, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication; nor is any liability assumed by this permission." No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from the New American Bible, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved. To order Liguori Sunday Bulletins, call 800-325-9521.

CONFESSIONS:

1st Friday of the Month
7:15am—7:50am

Saturday
3:30pm—4:30pm

INFANT BAPTISMS:

4th Sunday of the Month:
2:30pm (must pre-register)
Email: baptism@stbarnabaslb.org

WEDDINGS: (6 Months Prior)
Email: church@stbarnabaslb.org

ANOIDING OF THE SICK:
(Call Parish Office)

MASS TIMES:

Saturday 8:00am | 5:00pm (Vigil)

Sunday 7:30am | 9:00am | 10:45am
12:30pm | 5:30pm

Monday—Friday 8:00am

EUCCHARISTIC ADORATION:

(1st Friday of the Month)

Adoration: 8:30am—6:15pm | Mass: 6:30pm

MOTHER OF PERPETUAL HELP NOVENA:

Every Wednesday (Novena after Mass)
Rosary: 6:15pm | Mass: 6:30pm

MISSION STATEMENT

"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

MINISTRY DIRECTORY

ADORATION COORDINATORS	Charito Salas: (562) 490-9853 Faye Rivera: (562) 424-5366
ALTAR SERVERS	Sylvia Gaytan: (562) 477-2143
BASEBALL LEAGUE FOR YOUTH	Joe Fletes: (562) 409-4696
BOY SCOUTS PACK 32/CUB SCOUTS	Laura Moller-Leon: (562) 726-4894
BULLETIN TEAM/SOCIAL MEDIA/WEBSITE	Email: church@stbarnabaslb.org
CENACLE MARIAN MOVEMENT	Annie Pallivathukal: (562) 492-9587
COUPLES FOR CHRIST	Roy/Faye Rivera: (562) 424-5366
DIVINE MERCY APOSTOLATE	Itima Eteaki: 562-225-5507
EXTRAORDINARY MINISTERS OF HOLY COMMUNION	Samanth Christi: (562) 521-4040 Church Helen Cajayon: (562) 290-2019 The Sick
FILIPINO-AMERICAN ASSOCIATION	Dr. Gene Lowther: (562) 427-1386
FINANCE COUNCIL	Espi Garcia: (562) 426-6897
HOLY NAME SOCIETY	Bob Frazier: (562) 843-5824
INFANT BAPTISM	Email: baptism@stbarnabaslb.org
I.T. RESOURCE TEAM	David Ameho: (562) 253-3644
KAIROIS PRISON MINISTRY	David Nieto: (310) 569-5900
KNIGHTS OF COLUMBUS (Council #3449)	Julio Ramirez: (562) 706-0162
LANDSCAPE BEAUTIFICATION	Robert Kalowes: (562) 225-1946
LECTORS	Marina Cuico: (562) 254-8133
LEGION OF MARY	Barbara Florida: (562) 423-1278
LITURGICAL MUSIC COORDINATOR	Joseph Pham: (562) 505-4275
OUR LADY OF PERPETUAL HELP NOVENA	Dn. Carlito de los Reyes: (562) 423-4140
OUR LADY QUEEN OF PEACE MINISTRY	Tricia J: (303) 803-0287
PASTORAL COUNCIL	Darrell Stewart: (562) 424-8982
PLANNING & BUILDING TEAM	Sean Farragher: (562) 533-6444
PROJECT ACHIEVE MINISTRY	Michelle Gustilo-Smithson: (310) 344-7862
RCIA / ADULT SACRAMENTAL PREP	Religious Ed Office: (562) 988-6855
RESPECT LIFE	Robert Kalowes: (562) 426-3781
ROSARY MINISTRY	Paula Strickland: (562) 424-4853 Mabel Felix: (562) 852-7116
SACRISTANS	Geraldine Johnston: (562) 498-8187
SAFEGUARD THE CHILDREN & YOUTH	Samanth Christi: (562) 521-4040
STEWARDSHIP COMMITTEE	David Zanatta: (562) 244-7644
TOGETHER IN MISSION	Robert Kalowes: (562) 225-1946
USHERS & GREETERS	Darrell Stewart: (562) 424-8982
WEDDING/REHEARSAL COORDINATOR	Deb Ryan: (562) 209-2458
YOUTH MINISTRY: "ACTS 29"	Rose Lucero: (213) 949-9507 cell/text
WELCOME HOME MINISTRY	Lisa Johnson: (562) 760-8138 Karen Miller: (562) 756-4144
WORSHIP ENVIRONMENT TEAM	Email: church@stbarnabaslb.org

FINANCIAL BLESSINGS

Weekly Contribution: **\$ 10,021.69**

Faith-Direct Bi-Weekly Contribution: **\$ 3,479.92**
Period: 5/15- 5/31

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.

ALTAR FLOWERS SPONSOR:

Sponsors: Bennie L. Daugherty
*"In Loving Memory of
Catherine L. Daugherty"*
June 17-23

Monthly Flower Donors for Tabernacle & Blessed Mother:

Fred & Letty Montoya
June 15 - June 29

DAILY DEVOTIONS

Please join us in reciting the **Rosary** every morning (Mon-Sat) at 7:35am before daily Mass. It's a beautiful and spiritual way to start your day. Every day following weekday Mass, we invite you to join us for the **Chaplet of Divine Mercy**. Prayers usually start approximately 5-10 minutes after Mass (around 8:40am). If you can't join us, you can join the Divine Mercy on EWTN television channel at noon.

ST. BARNABAS SCHOOL

Office: (562) 424-7476

Fax (562) 981-3351

3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
stbarnabas_jkellam@yahoo.com
www.school.stbarnabaslb.org

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Rel Ed Coordinator: **Juan Rodriguez Jr.**
213-840-8600 cell/text
religiouseducation@stbarnabaslb.org

Confirmation Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org

MARK YOUR CALENDAR

- 6/16 Most Holy Trinity/Father's Day
- 6/26 Deacon Carlito's Retirement Party after Mass
- 6/29 Fr. Mike's Going Away Party 6:30pm/Hall
- 7/4 America's Independence Day

WEEKLY MASS INTENTIONS**Monday, June 17th**

8:00 am- Connie Kenyon

Tuesday, June 18th

8:00 am- Bryan McKim; Fr. Stephen Viblanc

Wednesday, June 19th

8:00 am- +Maria Paraiso

6:30 pm- Ernie & Nena Paraiso; +Elda Las Pinas

Thursday, June 20th

8:00 am- Dan Paraiso; +Edita Z. DeLeon; +Mannuel Torrez

Friday, June 21st

8:00 am- Lucita Luna; Erie & Joy Mercado; Amor Famanilay; +Manuel Ponce Sr.

Saturday, June 22nd

8:00 am- Carmela Chiurazzi; All Names in our Memoriam Room; +Florentina Caballero

5:00 pm- Richard & Joan Watson

Sunday, June 23rd

7:30 am- +Margarita & +Santiago Abando

9:00 am- Lucita & Arnaldo Luna

10:45 am- +Elmer Layaoen; +Roberta Bingamon

12:30 pm- St. Barnabas Parishioners

5:30 pm- Victims of natural disasters

*Book your Mass Intentions at the Parish Office. (+ indicates deceased)***SAINTS & SPECIAL OBSERVANCES**

Sunday: The Most Holy Trinity; Father's Day;

Julian Calendar Pentecost

Monday: Eleventh Week in Ordinary Time

Wednesday: St. Romuald

Friday: St. Aloysius Gonzaga; Summer begins

Saturday: St. Paulinus of Nola;

Ss. John Fisher and Thomas More;

Blessed Virgin Mary

PRAY & REMEMBER WHO HAVE DIED

Delia Bianchi 4/29

John E. Neff 6/5

TODAY'S READINGS

First Reading — The wisdom of God played on the surface of God's earth, finding delight in the human race (Proverbs 8:22-31).

Psalm — O Lord, our God, how wonderful you name in all the earth! (Psalm 8).

Second Reading — The love of God has been poured out into our hearts through the Holy Spirit (Romans 5:1-15).

Gospel — The Spirit of truth will guide you to all truth (John 16:12-15).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: 2 Cor 6:1-10; Ps 98:1, 2b, 3-4; Mt 5:38-42

Tuesday: 2 Cor 8:1-9; Ps 146:2, 5-9a; Mt 5:43-48

Wednesday: 2 Cor 9:6-11; Ps 112:1bc-4, 9;

Mt 6:1-6, 16-18

Thursday: 2 Cor 11:1-11; Ps 111:1b-4, 7-8; Mt 6:7-15

Friday: 2 Cor 11:18, 21-30; Ps 34:2-7; Mt 6:19-23

Saturday: 2 Cor 12:1-10; Ps 34:8-13; Mt 6:24-34

Sunday: Gn 14:18-20; Ps 110:1-4; 1 Cor 11:23-26;

Lk 9:11b-17

PRAYERS FOR HEALING...

Steve McKim, Ray Paraiso, Ken Augustine, Steven Pearson, Barbara Hendren, Serena Cabuhad, Gavin Octaviano, Barbara Adame, Florencio "Junn" Gabrillo Jr., Carolyn Espinoza, Gerry Johnston, Roseann Vetter, Maria DeRefuge Manzo, Erlinda Chua, Anna Rachel Posas, Nicandro Bernardo, Myke Bommer, Elizabeth Cannata, James Madura, Rodolfo Alejandria, Ana Raquel Posas, Fr. Mike Grieco, Yvonne Lumampao, Andrea Baylen, Jackie Spiziri, Mara & Sovannary Doun, Blandina Paterson, William & Gloria Dorsey, Mike Repp, Jim & Connie Edwards, Mary Pearson, Keith Wieland, Carol Jane Perreault, Gloria Staudt, Chito Bacuyag, Orlydia Chua, Jude Johnson, Sister Miriam, Leonard Loy, Hector Gustilo, Dolores Garibay, Vincent Muagututia, Nathaniel Capitulo, Ana Castillo, Fred & Laura Wong, Leda Wong, Cesar Giron, Mary Sabate, Peggy & Bob Breshears, Sonia Hanson, Len Tanguay, Mike Demuth, Julien Dolbec, Rachel Chavez, Khin Nwe, Lynda Mendola, Abby Jose

Please pray for them and others already included in the **Prayer Intention Book**, which is presented at each Mass. Call the Office to be added to the Bulletin list. You may also write your own prayer intentions in the Prayer Intention Book, that is available before each Saturday and Sunday Mass, located on a stand at the main entrance of the Church.

PARISH NEWS & MORE

FR. MIKE'S GOING AWAY PARTY!
SATURDAY: JUNE 29, 2019
MASS: 5:00PM
RECEPTION: 6:30PM IN THE HALL

"POTLUCK STYLE"

There will be an online food sign-up list that will be sent to all Parish Ministry leaders. You can also call the Parish Office if you would like to donate and bring a dish or dessert to share.



NATIONAL E-GIVING DAY



Did you know that June 21--the first day of summer--is National eGiving Day?

St. Barnabas can take particular joy in his celebration, as the response to eGiving in our church has been wonderful.

To build on this success, I am challenging you to put envelopes on a permanent summer vacation and set up an eGiving account with Faith Direct today. eGiving is especially important in the summer months, when many families may be out of town some weekends and St. Barnabas does not receive their envelopes. It's easy for people to forget to catch up once they're back, and our weekly offertory can fluctuate as a result--making it harder to predict how much we will have to sustain our year-round ministries.

The more families who welcome the beginning of summer by taking this National eGiving Day Challenge, the more consistent and predictable our offertory will be month after month--and this will help us do even more to spread Christ's love throughout the community.

Being part of this challenge is simple. Visit faith.direct/CA794 or text the word ENROLL to (Text-to-Give Phone Number)

Thank you for your continued support of our parish family with your time and talents as well as treasure!

God Bless You, *Fr. Antony Gaspar*

PARISH MINISTRIES

Feast Day Celebration of Our Mother of Perpetual Help

Also join us in
 celebrating
**Deacon
 Carlito's
 Retirement!**
 Come to the
 Parish Hall
 immediately
**AFTER the
 6:30pm Mass
 on 6/26/19**



"Make Her Known"
 -Pope Pius IX, 1865

Schedule of Activities:

Nine Day Novena

	Date	Day	Time	Place
1 st	6/18	Tuesday	6:00 pm	Church
2 nd	6/19	Wednesday	5:30 pm	Church
3 rd	6/20	Thursday	6:00 pm	Church
4 th	6/21	Friday	6:00 pm	Church
5 th	6/22	Saturday	6:00 pm	Church
6 th	6/23	Sunday	6:30 pm	Church
7 th	6/24	Monday	6:00 pm	Church
8 th	6/25	Tuesday	6:00 pm	Church
9 th	6/26	Wednesday	5:30 pm	Church

Feast Day Mass

Wednesday, June 26, 2019 at 6:30 pm Mass

St. Barnabas Catholic Church
 3955 Orange Avenue
 Long Beach, CA 90807

Potluck Reception will follow in the parish hall.

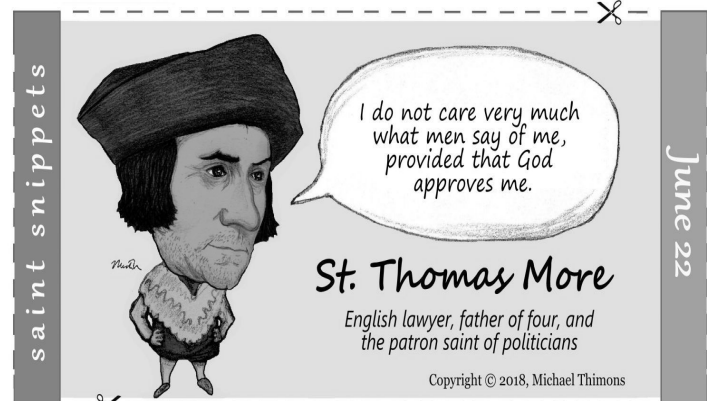
ALL ARE WELCOME!

For more info and/or if you would like to donate food or make a monetary contribution for the reception, please contact:

Armando Pablo at (562) 631-6361, Gigi Laluan at (562) 225-3061

DEACON CARLITO'S RETIREMENT PARTY!

**Wed. June 26, 2019 at 6:30pm
 at the Parish Hall! Join us!!!**



St. Thomas More

English lawyer, father of four, and
 the patron saint of politicians

Copyright © 2018, Michael Thimons

IMPORTANT NOTICES

FAKE TEXT MESSAGE / SPAM E-MAILS

If you happen to receive a text message or E-Mail claiming it's from Fr. Antony requesting money thru gift cards, **THIS IS A HOAX**, it was hacked. **PLEASE IGNORE**. Do not reply to them and immediately delete it. Thanks for understanding.

A FEW COURTESY REMINDERS

We know summer is approaching and the weather is getting warmer, so please continue to dress modestly and be respectful for the Mass. If possible, please be on time and try not to leave before the final blessing, in respect of the Eucharist. Don't forget to silence all cell phones before Mass begins and keep your pews clean too. Trash cans are outside at all the exits.

Also, be mindful when parking in the neighborhood, by not blocking any driveways and/or parking at the 99 Cent Store, as you may get towed. Thanks for your help and cooperation!

ST. BARNABAS SCHOOL

VICKI MARSHA SCHOOL UNIFORMS

Vicki Marsha Early Bird Sale: Tuesday, June 18th from 3pm-6pm in the Parish Hall. A great opportunity to get your school shopping done early and save money too.



SCHOOL IS OUT FOR SUMMER!!!



BEWARE

CYBER SCAMMERS LATEST TEXT SCAMS TARGETING ADLA SCHOOLS AND PARISHES



“Smishing” (SMS phishing) is a type of fraudulent activity that involves using SMS or text messages to trick people into giving up personal information so that money can be fraudulently obtained. Perpetrators use various techniques to gain the trust of a victim and may provide specific instructions, which if followed, could result in monetary loss to the victim. Perpetrators may impersonate someone you know that is in some position of authority (a priest, teacher, manager, police, or government agency).

DO NOT BECOME A VICTIM.

If you receive such texts do the following:

- Take time to consider your actions before responding to suspicious text messages.
- If in doubt, call the **published main number** of the parish, school or administrative office from whom the text claims to have been sent to authenticate the text message.
- Do not respond to the text message if you doubt its origin.

For more information, and to stay up to date about the latest cyber security threats impacting ADLA locations, visit <http://archla.org/avoidscam> or <https://www.consumer.ftc.gov/features/scam-alerts>.

Please report scam text messages involving your parish or school to helpdesk@la-archdiocese.org

PRIEST RETIREMENT FUND



Thank you

for the wonderful response for our 2nd collection last week for the Priest Retirement Fund. Your gift to the Priest retirement fund is a meaningful investment and true blessing for the care and comfort of our spiritual

ST. BARNABAS FIL-AM ASSN.



ST. BARNABAS FILIPINO-AMERICAN ASSOCIATION

Invites you to its

20TH ANNIVERSARY CELEBRATION HAWAIIAN NIGHT



July 19, 2019 (Friday)
6:30pm to 11:30pm

St. Barnabas Parish Hall
3955 Orange Avenue
Long Beach, CA 90807

Music by: Sounds for Mission

Entertainment – Door Prizes – Dancing – Raffle Drawings
Surprise Presentations

Attire: Hawaiian

Donation: \$25.00
Children Age 13 & below: \$10.00

Dinner served: 7–9pm

For additional information, please call Gigi R. Laluan at (562)225-3061,
Helen Cajayon (562)290-2019 or Armando Pablo (562)631-6361

CONGRATULATIONS TO

WEDDING ANNIVERSARIES:

Roy & Faye Rivera 6/12
Erie & Joy Mercado 6/21 (16yrs)
Richard & Joan Watson 6/22 (46yrs)
Arnaldo & Lucita Luna 6/23 (29ys)
Florente & Merlita Trinidad 6/26 (37yrs)
Chris & Aurora Sarmiento 6/27 (43yrs)



Celebrating your Wedding Anniversary? Email us Names, year you're celebrating, along with your Wedding Anniversary date to:
church@stbarnabaslb.org

NEW OR RE-REGISTERED PARISHIONERS:

Jesus Nolasco, Sean Franklin and their families

R.C.I.A.

Learning More about Our Catholic Faith

St. Barnabas Catholic Community invites you to learn what it means to be Catholic, to delve deeper and understand the Catholic Faith through the Adult Initiation Process (R.C.I.A) Rite of Christian Initiation for Adults.

These sessions are for those interested in joining the Catholic Faith **OR** if you need to complete your sacraments of initiation – Confirmation & Eucharist, or if you would just like to learn more about your Catholic faith.

We will begin these sessions at the end of August. Watch your bulletin for more information.

If you are interested in more information on the RCIA process, please call us at (562) 988-6855 or call the rectory at (562) 424-8595.



The Most Holy Trinity
June 16, 2019

[T]he love of God has been poured out into our hearts through the Holy Spirit.

— Romans 5:5b

2019 TOGETHER IN MISSION: "OUR STORY IS HOPE"

Archbishop Jose Gomez invites every Catholic to make their annual commitment to "Our Story is Hope" Together in Mission Campaign. It reminds us that our gifts are an active demonstration of our faith and love for those in our Archdiocese who need our support. **Don't forget to fulfill your pledges** with the information that was mailed to your home, a pledge card found at all the exits, or online at: ourmissionla.org/give We are getting closer and closer to our goal! Thank you, St. Barnabas Parishioners!!! We can do this!

**ST. BARNABAS PARISH #628
GOAL FOR 2019
\$ 69,600.00**

collection

\$ 64,192.50

pledges

As of
6/4/19

Goal

KNIGHTS KORNER

THANK YOU!

On behalf of the entire Parish Office Staff, I would like to thank the Knights of Columbus for donating a Ring Security Doorbell for our Office. We now feel safer when answering our front door! We appreciate all that you do for us.

-Olivia Baylen
Parish Office Manager

HOLY HUMOR

There's the story of the pastor and his deacon who were volunteering as carpenters to fix roofs for needy parishioners.

The deacon was on a ladder nailing. Each time he reached into his nail pouch and pulled out a nail, he'd look at it, and either toss it over his shoulder or nail it into the roof.

The pastor watched for a while, puzzled. Then he couldn't stand it any longer and yelled up, "Why are you throwing away some of the nails?"

The deacon explained, "When I pull it out of my nail pouch, if it's pointed toward me I throw it away. If it's pointed toward the house, then I can use it safely!"

The pastor became very frustrated at this and shouted, "That's stupid! Don't throw away the nails that are pointed toward you! They're for the other side of the roof!"

THE BOOK OF CATHOLIC JOKES, by Deacon Tom Sheridan published by ACTA Publications, Chicago, Ill

FATHER'S DAY BOUQUET CARDS

We will be praying for all our Fathers, living or deceased, all throughout the month of June. Please pick up a spiritual bouquet card at all the exits. You can also write multiple names on one envelope, if you'd like.

**God, our Father
Bless these men,
that they may find strength as fathers.
Let the example of their faith and love shine forth.
Grant that we, their sons and daughters,
may honor them always
with a spirit of profound respect.
Amen.**

TREASURES FROM OUR TRADITION

Today's feast, extending a dimension of Easter joy into Ordinary Time, reminds us that every aspect of worship centers on the mystery of God in three persons. At baptism, we are initiated into Christ *and* the Spirit. The Creed we recite at Mass every Sunday has its roots in the ancient celebration of baptism, when a new believer was questioned at the edge of the waters of the font with three questions: Do you believe in God, the Father, the Son, the Holy Spirit? Three questions, three affirmations, three immersions into the saving waters. Because every liturgy abounds with references to the Trinity, not only in words but in blessings by the sign of the cross, this feast was not easily accepted into the calendar. Pope Alexander in the eleventh century remarked that the liturgy is so laden with praise of the Trinity that there was no need for a special feast. Two hundred years later, while in exile in France, Pope John XXII proclaimed the feast, but it was not until 1911 that Pope St. Pius X gave it status as a solemnity.

A favorite image in art for today is the Icon of the Trinity, showing three glorious winged men seated at a table laden with bread and a cup of wine. It recalls Abraham's hospitality to angels and gives expression to the inner life of God, a life lived in relationship, a life poured out in abundance whenever Christians gather at the table of the Eucharist to give praise to the Father, in Christ, in the embrace of the Spirit.

—James Field, Copyright © J. S. Paluch Co.



"You just *have* to say grace here tonight, Pastor Al.
Tonight we can thank God officially!"

THIS IS THE HOLY TRINITY

Today we celebrate the Holy Trinity, one of the most confounding mysteries of our faith. Through this mystery we experience our relationship to God: Creator, Savior, and Holy Spirit. This relationship is not easy to understand or to describe. It does not become clearer through analysis. Its complexity mirrors the complexity of all our relationships. We understand our relationships with our spouses, our children, our parents, and our friends only through daily give-and-take, annual rituals, and the life-changing moments we share. We understand our relationships only as we live them. The relationships we have with those we love, and who love us, sustain us through an uncertain and difficult life. This is the Holy Trinity.

What is striking about today's readings is that each is incomplete. What they do offer is a description of a moment in our relationship, a memory of a time and an event when our relationship made sense even though that sense may be beyond our ability to describe fully. Often that is all that our faith offers, that is, a memory of what is possible, what is promised, what has been given. A memory of eternity, of love beyond understanding is to be cherished and nurtured even if not fully understood. This is the Holy Trinity.

Copyright © J. S. Paluch Co.

The Little Ones

Jim Burrows



Dear Padre

June 16, 2019

Is there a simple way of understanding how I am to be a Catholic father?

I wish you and all fathers a Father's Day filled with God's protection of you and your family. May God surround you all with a circle of love!

The simplest way to understand fatherhood is to pray the Lord's Prayer, the Our Father. This prayer was originally spoken in Aramaic, a language related to Hebrew. Aramaic was probably Jesus' native tongue. The word Jesus used for "father" was an Aramaic word: *abba*, which means "papa" or "dad." When we say the Our Father, we speak to God in a very intimate way; we pray to God not as a distant figure but as a close and comfortable member of the family. It is this rather shocking intimacy that Jesus wants to get across to his disciples when he teaches them to pray.

As you relate to God in a very intimate way, you should relate in the same manner to your spouse and family. Intimacy means closeness, involvement, love, and understanding. As a father, you must be physically present in the home. But more than just a physical presence is necessary. You must also seek an emotional closeness with your spouse and children. You must show a constant interest in their lives. Encourage them by doing things with them. You must strive constantly to reject anger, rage, or an unforgiving attitude, and instead embrace gentleness, encouragement, and understanding. God the Father does all of these things for us.

—Fr. Paul J. Coury, CSsR

© 2019 Liguori Publications, Liguori, MO 63057-9999. Printed in USA. Imprimatur: "In accordance with CIC 827, permission to publish has been granted on January 17, 2019, by the Most Reverend Mark S. Rivituso, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication; nor is any liability assumed by this permission." No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from *New American Bible*, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved. To order Liguori Sunday Bulletins, call 800-325-9521, or visit Liguori.org.

FATHERHOOD

My father didn't tell me how to live; he lived,
and let me watch him do it.

—Clarence Budington Kelland



CATHOLIC CEMETERIES & MORTUARIES

EVERLASTING FAITH. EVERLASTING LIFE.

*A ministry of the Church
serving the faithful.*

Learn about our 11 locations in
Los Angeles, Ventura and
Santa Barbara counties

CatholicCM.org

**Get this
weekly bulletin
delivered by
email - for FREE!**



Sign up here:

<https://www.jspaluch.com/BulletinSubscribe.aspx>

Courtesy of J.S. Paluch Company, Inc.



**catholicmatch®
California**



CatholicMatch.com/myCA

ONE PARISH

Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!



Download Our Free App or Visit
MY.ONEPARISH.COM

American Heart
Association
Learn and Live



**AUTHORIZED
TRAINING
CENTER**



VillanuevaCPR

Life Support Education made fun and easy...

Courses Offered:

ACLS, PALS, BLS (Healthcare Provider),
BASIC EKG/PHARMACOLOGY, NRP

Angelo Villanueva, RN

Tel: 310.427.0883

Mobile: 310.989.3222

Low Stress Class, Cards/Certificates
Given Same Day...

**309 East Carson Street
Carson, CA 90745**

(Corner of Dolores St./Carson St.)

**Charter
Spectrum**
AUTHORIZED RETAILER

The Fastest Internet!

Starting at 60Mbps

\$29.99
mo.*

EACH for 12 months when
bundled together

Call To Establish New Service

844-648-7798

©2016 Charter Communications
Cobalt Communications is an authorized Charter Retailer
Service not available in all areas



930AM

America's Catholic Talk Radio Network

**Saint Margaret
Sunday Missal**

*An ideal companion
for personal prayer.*

In Stock & Ready to Order Today.

CALL OR ORDER ONLINE. \$39.95



800-566-6150 • www.wlpmusic.com

LUYBEN FAMILY DILDAY-MOTTELL MORTUARY

Our Family Serving Yours

GUARANTEED LOWEST FUNERAL COST IN TOWN
5161 Arbor Rd. (Long Beach-Lakewood Village)

Neighborhood Catholic Family

John G Luyben, Jr. Rosalie A. Luyben Thaddeus Luyben
Martin Luyben James Morgan
425-6401

ONE REALTY **ONE** GROUP
DIAMOND



Dan Calimquim
Parishioner
Neighborhood
Realtor
20+ Years Experience

562.986.4231

socaldan23@yahoo.com

BRE# 01266938



Alamos IPA, Brookshire IPA,
Fountain Valley IPA,
Lakewood IPA & St. Mary IPA

Superior care. Surprisingly close.

<https://careclosetome.com>
(844) 457-6946

SI TIENES QUE VENDER
ALGO, NO LO PIENSES,
PUBLÍCALO

Please Cut Out This "Thank You Ad"
and Present It The Next Time You
Patronize One of Our Advertisers

Thank You

Thank you for advertising in
our church bulletin.
I am patronizing your business
because of it!

FINDaPARISH.com

Check It Out Today!

*The Most Complete
Online National
Directory of
Catholic Parishes*

Serving the Catholic Community for Over 25 Years

EXPERIENCED LONG BEACH ATTORNEYS

We have the knowledge & experience
to assist with all your legal needs

- Real Estate
- Estate Planning
- Trusts, Probate
& Conservatorships
- Business
- Personal Injury
- Elder Abuse



Call:
**PAUL
CARTER**
ATTORNEY
562.435.1426

BERGKVIST, BERGKVIST & CARTER LLP

400 Oceangate, Suite 800 § Long Beach, CA 90802
pc@lawbbc.com

**NATIONAL
CLEANERS
& LAUNDRY**

3304 Cherry Ave., L.B. 595-7093

6620 Cherry Ave./Artesia 529-7590

M-F 6:30 - 7:00

Sat 7 AM-6 PM

Sun 11-2 PM

TUXEDO RENTAL

"Come See Our Selection"

**Melinda McCoy's
FLOWERS**

611 E. Carson Street

Long Beach, California 90807

(562) 424-0901 • Fax (562) 424-2887



Melinda Levy Evans

SMART INVESTING & CATHOLIC VALUES

**AVE MARIA
MUTUAL FUNDS**



1-866-AVE-MARIA
avemariafunds.com/jsp

Request a prospectus, which includes investment objectives, risks, fees, expenses and other information that you should read and consider carefully before investing. The prospectus can be obtained by calling 1-866-283-6274 or it can be viewed at www.avemariafunds.com. Distributed by Ultimus Fund Distributors, LLC.

**DON'T TRUST
JUST ANYONE WITH
YOUR FUTURE**

**PRESERVE YOUR ESTATE
WITH A LIVING TRUST**

- No probate
- No attorney's fees
- No executor fees
- No public record
- No court hearings
- No contests
- No filing fees
- No time delay

CALL A PROFESSIONAL FOR KIND, COURTEOUS
AND IMMEDIATE IN-HOME SERVICE



**ELIZABETH
VOZZELLA, ESQ.**

(562) 426-9876

www.vozzella4law.com



Protecting **Seniors**
Nationwide

Medical Alert System



\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation



Call Today! Toll Free 1.877.801.8608

**"The Affordable
Professionals"**

Family Owned & Operated Since 1989
St. Lic. 589933



**PLUMBING-HEATING
AIR CONDITIONING**

24 hr / 7 day Service

562.925.2838

714.994.0254

Parishioner Discount

10% OFF Any Service

Valid M-F 8:30 to 4:30

Excludes Stoppages

\$250.00 Max Discount,

Cannot be combined with any other offer.



OF CALIFORNIA
Over 60 Years of Experience
426-7644

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

✓Ambulance Solutions as Low as **\$19.95** a month

✓Police ✓Fire

✓Friends/Family

FREE Shipping

FREE Activation

NO Long Term Contracts



CALL NOW! **800.809.3352**

MDMedAlert

Safe-Guarding America's Seniors Nationwide!



This Button SAVES Lives!
As Shown GPS,
Lowest Price Guarantee!

GPS Tracking w/Fall Detection

Nationwide, No Land Line Needed

EASY Set-up, NO Contract

24/7 365 Monitoring in the USA

Jesse Moreno
AN ACCOUNTANCY CORPORATION



- ACCOUNTING • PAYROLL • TAX PLANNING
- BUSINESS AND INDIVIDUAL TAX PREPARATION
- AUDIT REPRESENTATION • ENTITY FORMATION SERVICES

CERTIFIED PUBLIC ACCOUNTANT

INCOME TAX

NOTARY PUBLIC

(562) 426-4177

740 E. WARDLOW RD., LONG BEACH, CA 90807

WWW.MORENOCPA.COM