



ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

REV. ANTONY GASPAR | REV. BERNARD SANTIAGO



The Most Holy *Body and Blood* of Christ

Jesus said:
"I am the living bread
that came down from heaven;
whoever eats this bread will live forever."

John 6:51



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Excerpts from the Lectionary for Mass (© 2001, 1988, 1992, 1995, 1970, CCO)

June 14, 2020

MISSION STATEMENT

"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

PARISH OFFICE:
OFFICE # 562-424-8595

OFFICE E-MAIL:
church@stbarnabaslb.org

OFFICE HOURS (calls only):
Mon-Fri: 9:00am-4:00pm
Sat: 9:00am-4:00pm
Sun: 9:00am-2:00pm

Office Manager: Olivia Baylen
Business Manager: Sam Christi

THE PARISH OFFICE REMAINS CLOSED, BUT YOU CAN CERTAINLY DROP-OFF ENVELOPES OR IN OUR MAIL SLOT. EMAIL OR CALL THE PARISH OFFICE FOR OTHER INQUIRIES.

ALL CONFESSIONS ARE CURRENTLY SUSPENDED.

CHURCH IS OPEN FOR PRIVATE PRAYER FROM 7:30AM-12:00PM. PLEASE ADHERE TO SOCIAL DISTANCING PRECAUTIONS & YOU MUST WEAR A MASK.

FOOD FROM HEAVEN

God sustained the people of Israel for forty years in the desert with manna sent down from heaven, and Moses doesn't want them to forget it. God brought forth water from stone for them to drink, and Moses doesn't want them to forget this, either. And Moses tells them—twice—that the food that God sent was a food that neither they nor their ancestors before them had ever experienced before.

Jesus too speaks of food come down from heaven, food that the Jewish people had never experienced before. Recalling the manna in the desert, Jesus doesn't want them to forget it either, explaining that he is the food and drink of eternal life. And Paul reiterates to the Corinthians and to all of us that in the bread and in the cup, we share in the body and blood of Christ.

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REVISED 6/9/20

NEW MASS / EVENT SCHEDULE

Monday - Saturday	8:00 am	Mass (w/live-stream)
Wednesday	8:00 am	School Mass
Wednesday	8:30 am	Perpetual Help Novena
Saturday (Vigil)	5:00 pm	Mass
Sunday	7:00 am 9:00 am 11:00 am 1:00 pm 5:00 pm	Mass Mass (w/live-stream) Mass Mass Mass
Thursday	7:00pm- 8:30pm	Online Bible Study (via zoom)
First Friday of the month	8:30am-10:00am	Adoration

MINISTRY DIRECTORY

ADORATION COORDINATORS	Charito Salas: (562) 490-9853 Faye Rivera: (562) 424-5366
ALTAR SERVERS	Sylvia Gaytan: (562) 477-2143
BASEBALL LEAGUE FOR YOUTH	Joe Fletes: (562) 409-4696
BOY SCOUTS PACK 32/CUB SCOUTS	Laura Moller-Leon: (562) 726-4894
BULLETIN TEAM/SOCIAL MEDIA/WEBSITE	Joyce K: church@stbarnabaslb.org
CANA MARRIAGE RENEWAL MOVEMENT	Bernie Matute: (562) 326-3065
CENACLE MARIAN MOVEMENT	Annie Pallivathukal: (562) 492-9587
COUPLES FOR CHRIST	Roy/Faye Rivera: (562) 424-5366
DIVINE MERCY APOSTOLATE	Itima Eteaki: church@stbarnabaslb.org
EXTRAORDINARY MINISTERS OF HOLY COMMUNION	Samanth Christi: (562) 521-4040 Church Helen Cajayon: (562) 290-2019 The Sick
FILIPINO-AMERICAN ASSOCIATION	Dr. Gene Lowther: (562) 427-1386
FINANCE COUNCIL	Espi Garcia: (562) 426-6897
GIRL SCOUTS TROOP #4283	Jessica Cardenas: (562) 972-7945 jwillowtree@aol.com
HEALTHCARE COMMITTEE	Sahlee Balajadia: (562) 233-5907 sahlee_balajadia@yahoo.com
HOLY NAME SOCIETY	Bob Frazier: (562) 843-5824
INFANT BAPTISM	Email: baptism@stbarnabaslb.org
I.T. RESOURCE TEAM	David Ameho: (562) 253-3644
KAIROS PRISON MINISTRY	David Nieto: (310) 569-5900
KNIGHTS OF COLUMBUS (Council #3449)	Julio Ramirez: (562) 706-0162
LANDSCAPE BEAUTIFICATION	Robert Kalowes: (562) 225-1946
LECTORS	Marina Cuico: (562) 254-8133 marinacuico@gmail.com
LEGION OF MARY	Barbara Florida: (562) 423-1278
LITURGICAL MUSIC COORDINATOR	Joseph Pham: (562) 505-4275
MINISTRY OF CONSOLATION (Bereavement)	Terri Furlow: (562) 427-8048
OUR LADY OF PERPETUAL HELP NOVENA	Gigi R. Lalan: (562) 427-4054 Armando Pablo: (562) 631-6361
OUR LADY QUEEN OF PEACE MINISTRY	Tricia J: (303) 803-0287
PASTORAL COUNCIL	Darrell Stewart: (562) 424-8982
PLANNING & BUILDING TEAM	Sean Farragher: (562) 533-6444
PROJECT ACHIEVE MINISTRY	Michelle Gustilo-Smithson: (310) 344-7862
RCIA / ADULT SACRAMENTAL PREP	Religious Ed Office: (562) 988-6855
RESPECT LIFE	Robert Kalowes: (562) 426-3781
ROSARY MINISTRY	Paula Strickland: (562) 424-4853 Mabel Felix: (562) 852-7116
SACRISTANS	Geraldine Johnston: (562) 498-8187
SAFEGUARD THE CHILDREN & YOUTH	Elizabeth Cantu: (310) 292-1519
STEWARDSHIP COMMITTEE	David Zanatta: (562) 244-7644
USHERS & GREETERS	Darrell Stewart: (562) 424-8982
WEDDING/REHEARSAL COORDINATOR	Deb Ryan: (562) 209-2458
WORSHIP ENVIRONMENT TEAM	Itima Eteaki: church@stbarnabaslb.org
YOUTH MINISTRY "ACTS 29"	Rose Lucero: (213) 949-9507 cell/text

FINANCIAL BLESSINGS

Weekly Financial totals are temporarily unavailable.

Faith-Direct
Bi-Weekly
Contribution:

\$ 9,864.12

Period: 5/16 - 5/31

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.



**SAINT BARNABAS,
PRAY FOR US!**

**Monthly Flower Donors for
Tabernacle & Blessed Mother:**

Alice & Lito Samia

June 13-27

ST. BARNABAS SCHOOL

Office: (562) 424-7476

Fax (562) 981-3351

3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam

jkellam@stbarnabas.school
www.school.stbarnabaslb.org

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Rel Ed Coordinator: **Juan Rodriguez Jr.**
213-840-8600 cell/text

religiouseducation@stbarnabaslb.org

Confirmation Coordinator:

Emmanuel Magallanes

213-948-7762 cell/text

confirmation@stbarnabaslb.org

MARK YOUR CALENDAR

♦6/21 Father's Day

**FOLLOW US ON SOCIAL MEDIA ON HOW TO
SEND IN YOUR FATHERS' NAMES TO BE LISTED
AND PRAYED FOR BY OUR PARISHIONERS!**

WEEKLY MASS INTENTIONS

Monday, June 15th

8:00 am: +Rommel Abrogar

Tuesday, June 16th

8:00 am: +Rosenda (Rose) Aguinaldo

Wednesday, June 17th

8:00 am: Santo Nino Prayer Group; +MA Angelica Lejarde

Thursday, June 18th

8:00 am: Bryan McKim; +Jose Licop; +Leonor Vergel de Dios

Friday, June 19th

8:00 am: +Maria M. Paraiso

Saturday, June 20th

8:00 am & 5:00 pm: +Edita Z. De Leon; +Manuel S. Torrez

Sunday, June 21st

All Masses: Pat & Rebeca Ramirez; +Hector Gonzalez; +Manuel Ponce Sr.; +Marcelino Alivio; +Juan Allicer; +Guillermo Zialcita; +Bonifacio & Herminia Avancena; +Catalino & +Saturnina Natividad-Edles

**LET US PRAY FOR ALL FATHERS!
HAPPY FATHER'S DAY!**

Book your Mass Intentions via E-mail or by phone. (+ indicates deceased)

CONGRATULATIONS TO

WEDDING ANNIVERSARIES:

Roy & Faye Rivera 6/12

Richard & Joan Watson 6/23 (47yrs)

Chris & Aurora Sarmiento 6/27 (44yrs)



Celebrating your Wedding Anniversary? Email us Names, year you're celebrating, along with your Wedding Anniversary date to:

church@stbarnabaslb.org

**MASS INTENTIONS WILL BE MENTIONED
AT ALL MASS TIMES ON SUNDAY.
WE WILL ALSO BE PRAYING FOR ALL THE
FATHERS FOR THE ENTIRE MONTH OF JUNE.**

PRAY & REMEMBER WHO HAVE DIED

Meliton M. Lopez 4/29

Jim Edwards 5/10

Rosemarie Paz

Forrest Hawley

TODAY'S READINGS

First Reading — Never forget the LORD your God, who brought you out of slavery (Deuteronomy 8:2-3, 14b-16a).

Psalm — Praise the Lord, Jerusalem (Psalm 147).

Second Reading — Because the loaf of bread is one, we who partake of it, though we are many, are one body

(1 Corinthians 10:16-17).

Gospel — Jesus said, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7;
Mt 5:38-42

Tuesday: 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16;
Mt 5:43-48

Wednesday: 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24;
Mt 6:1-6, 16-18

Thursday: Sir 48:1-14; Ps 97:1-7; Mt 6:7-15

Friday: Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16;
Mt 11:25-30

Saturday: 2 Chr 24:17-25; Ps 89:4-5, 29-34;
Lk 2:41-51

Sunday: Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35;
Rom 5:12-15; Mt 10:26-33

NEW PRAYERS FOR HEALING...

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Delores Spak, Stanley Golanty, Elizabeth N. Gabrillo, Florencio "Junn" Gabrillo Jr., Cesar Giron, Romeo Giron, Arthur Giron, Marichu Cabriga, Marissa Garcia, Roseann Vetter, Myke Bommer, Elizabeth Cannata, Carolyn Espinoza, Ana Maria Onuna, Gene Henslee, Rosalin Martinez, Herminia Villalpando, Judy Desolo, Richard Hoover, Juanita Hernandez, Valentine Rodriguez, Cynthia Tan, Paul Hutton, Beryl Weekes, Len Tanguay, Laura & Francisco Dominguez, Rose L, Joel Nicart, Erickson Capitulo, Nathaniel Capitulo, Hector Gustilo, Mateo Leyva, Milagro E. Salazar, Kathy Wachter, Sue Ann E. Tumakay, Fr. Owen de Souza, Gloria Goul, Wilson Panickaveetil, William Dorsey, John Matthew Dobberpuhl, Michael Carrasco, Gerry Johnston, Mary Sabate, Virginia Barch, Joseph Smith, Ramon Zuniga, Alma Chew, Anna Pineda, Melanie De Perio, Sol Reyes, Patty Demuth, Lorna E. Declines, Dolores Medina, Mario Visperas, Jesse Damian, Maria & Miguel Mejia, Michelle Angeles, Raquest Davies, Josh & Pam Batovsky, Robert Carambelas

*Please pray for them and others already included in the **Prayer Intention Book**, which is presented at each Mass. Call the Office to be added to prayer list.*

PARISH & MINISTRY NEWS

HOSPITALITY VOLUNTEERS

We need essential volunteers to help us as we slowly re-open our Church. You need to be **reliable** and **committed** to volunteering for this HOSPITALITY CREW! We will not be able to stay open without your help! We are mainly looking for low-risk people 60 years or younger, who can move swiftly & diligently! ALL VOLUNTEERS will receive Personal Protective Equipment. Click the Sign-Up Genius button on our website: stbarnabaslb.org

MASS INTENTIONS

If you would like to offer a Mass for a loved one, please call or e-mail the Parish Office at: church@stbarnabaslb.org. Pay thru Faith Direct online (\$10/a Mass) or you can mail in or drop-off in our mail slot at the Office. Please request dates at least 1 week in advance to be included in the Bulletin.

PARISH OFFICE REMAINS CLOSED

The Office is still CLOSED. Office hours to receive phone calls are Monday-Saturday: 9:00am-4:00pm, and Sunday: 9:00am-2:00pm. You may certainly drop off envelopes or notes in our mail slot to the left of our Office door. Any inquiries, please call 562-424-8595 or e-mail us at: church@stbarnabaslb.org.

>>> ONLINE FAITH DIRECT <<<

St. Barnabas needs your support more than ever!

National eGiving Day is June 20, 2020 and we need your help! .

As businesses and churches re-open, we are beginning the summer season. It is during these months that we depend the most on online giving to continue our ministry.

Sign up today by visiting faith.direct/CA794, or text the word 'Enroll' to: 562-330-1646.

Visit: membership.faithdirect.net/CA794, call 1-866-507-8757 or visit www.faithdirect.net. You can download the free Faith Direct App today! Thank you for your continued support of our parish family.

-Antony Gaspar, Pastor

FAITH DIRECT®
inspiring secure giving®

Text "Enroll" to
562-330-1646 to tithe

TOGETHER IN MISSION

This year's theme "Our Story is Alive" reminds us that our gifts to **Together in Mission** are an active demonstration of our faith and love for those in our Archdiocese who need our support.

Please make a pledge with the information that was mailed to your home, a pledge card found with the parish, or online at: ourmissionla.org/give

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ; Flag Day
Monday: Eleventh Week in Ordinary Time
Friday: The Most Sacred Heart of Jesus
Saturday: The Immaculate Heart of the Blessed Virgin Mary; World Refugee Day; Summer begins

SAINT OF THE DAY

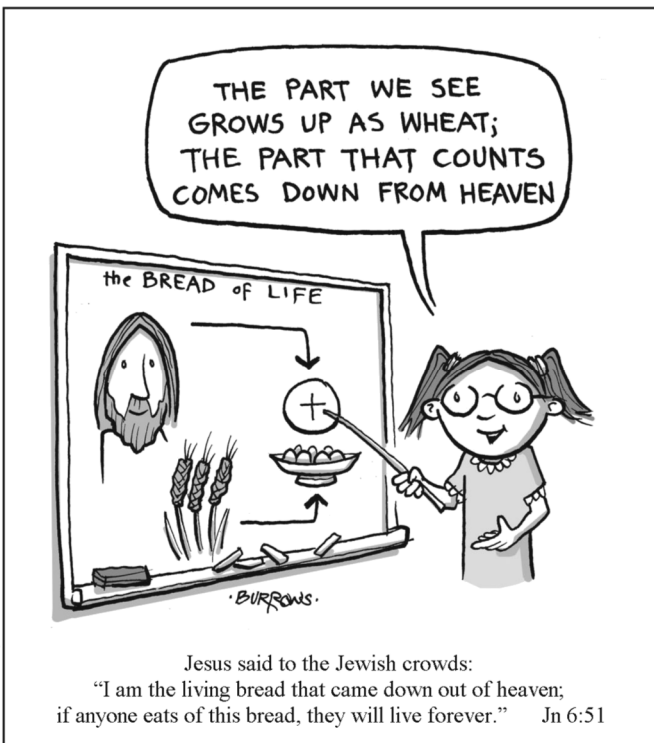
SAINT ROMUALD (c. 951-1027) June 19

"God so loved the world," declares John 3:16. "Do not love the world," warns 1 John 2:15. The "world" to love: this planet, entrusted to our stewardship, and its people, God's children all. The "world" to flee: "sensual lust, enticement for the eyes, and a pretentious life" (1 John 2:16). Born in nobility, Romuald's conversion followed the shock of witnessing his father murder an enemy. Renouncing his privileged world, Romuald sought God's world in monastic life. Its winding turns and several dead ends make Romuald's journey resonate with all who find life more maze than superhighway. Both the hermit's solitary struggle and community life's unique challenges shaped Romuald's legacy: his vast Camaldolese Benedictine family of monks, nuns, and lay associates who, these thousand years later, from the mountain solitude of Camaldoli, Italy to an urban monastery in Berkeley, California—in Asia, Africa, South America, Europe—integrate Romuald's experience into their witness of solitary prayer, communal charity and worship, and promotion of contemplative spirituality in this world that can so easily distract us from the God who loves it still.

—Peter Scagnelli, Copyright © J. S. Paluch Co.

The Little Ones

Jim Burrows



NAMES FOR FATHER'S DAY

PRAYING FOR ALL FATHERS

If you would like to add your Father's name (living or deceased) to the list to be prayed for, in honor of Father's Day (June 21st), please send an E-mail to: church@stbarnabaslb.org or visit our Facebook page or Instagram page posts to see how to add their name. All names received will be posted on all our Social Media platforms.



Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

Jesus said, "Whoever eats my flesh and drinks my blood remains ...

	E	I	M
M	N	A	H
I	I	N	N
	I	D	

I _ _ _ _ _ ."

Answer: *in me and I in him*

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COVID-19 PREVENTION



Wash your hands often with soap and water for at least 20 seconds.



Avoid touching your eyes, nose, and mouth.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

65 YEARS AND OLDER

High-risk individuals (e.g., people who are 65 and older, who are immuno-compromised or who have underlying health conditions) should be discouraged from attending or serving in any capacity that brings them into contact with others.

ST. VINCENT DE PAUL SOCIETY

If you are elderly, ill, or unable to leave your home at this time for any reason, please call **855-423-6780** between **8am-6pm** to get assistance from your local St. Vincent de Paul Society. This hotline will provide resources and serve as a call center for our homebound and elderly community who are not able to access local necessities.

Please visit: <https://lacatholics.org/hearts-serve/> for additional information. If you know of anyone who is in need of help, have them call the hotline #.

SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that you are present in the Most Holy Sacrament.

I love you above all things and I desire to receive you in my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.

I embrace you as if you were already there and unite myself wholly to you.

Never permit me to be separated from you. Amen.

PRAYER FOR CORONAVIRUS

By: Most Reverend José H. Gomez-Archbishop of Los Angeles



Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.

We ask you to intercede for us with your Son,
as you did at the wedding in Cana.

Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.

For those already afflicted,
we ask you to obtain the grace of healing and deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.

In this time of trial and testing,
teach all of us in the Church to love one another and to be patient and kind.

Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.

Shelter us under the mantle of your protection,
keep us in the embrace of your arms,

help us always to know the love of your Son, Jesus. Amen.

FR BERNARD'S BIBLE STUDY

RESUMING 6/18:

EVERY THURSDAY EVENING: 7:00PM-8:30PM Join Fr. Bernard's Bible Study

Sessions every Thursday from 7:30pm-9pm. You can join thru your computer or phone by visiting this link:

<https://zoom.us/j/99174147604>

Meeting ID: 991 7414 7604 Password: 3955

For more info, visit our webpage:

<https://stbarnabaslb.org/bible-study/>

Join our Bible Study Group's Facebook page:

[Facebook.com/groups/biblestudylb](https://www.facebook.com/groups/biblestudylb)

(REVISED 6/9/20)

My Dear Parishioners,
 Blessings to you! Our Archbishop Jose Gomez has permitted the churches in our Archdiocese to reopen for the public celebration of Mass beginning June 3, 2020. He asked every parish to prepare a safety plan according to the Archdiocese issued guidelines and get it approved from the Regional Bishop prior to reopening of our parish. Accordingly, I formed a health care committee which discussed extensively and finalized the safety plan. Bishop Marc Trudeau, our regional bishop, has approved our plan. Therefore, we are reopening our parish beginning this Wednesday June 3, 2020. The following members are in our parish Health Care Committee:

Sahlee Balajadia: MSN-PH, RN-BC, WCC, Nurse Manager. HCG Specialty Clinics (**Committee Chair**)
Dom Salas: LVN (**Vice Chair**)
Ann Marie Sacro: Manager- Life Science & Pharmaceutical Industry
Dr. Peggy Kalowes: Ph.D., RN, CNS, FAHA
Samanth Christi: Business Manager
Olivia Baylen: Office Manager
Rev. Fr. Bernard Santiago: Associate Pastor
Rev. Fr. Antony Gaspar: Pastor

Although we are permitted to reopen the church, the state has mandated that we limit the attendees to 25% of building capacity or 100 people, whichever is lower. In our case, it will be 100 people, on a first come, first serve basis. Therefore, **we could allow only 100 parishioners at a time** to be present in the church for now until it would be revised otherwise. The daily Mass schedule remains the same at 8:00 am, but the week-end Mass schedule has been revised to allow enough time to disinfect the church after every Mass.

REVISED MASS SCHEDULE: ****UPDATED****

Saturday- 5:00 pm, (update: no longer offering 7pm)
Sunday- 7:00 am, 9:00 am, 11:00 am, 1:00 pm and 5:00 pm
Daily Mass: Monday-Saturday - 8:00 am
Live-streaming of Mass: Sunday 9:00 am, Daily 8:00 am

First Friday Adoration: 8:30 am – 10:00 am (sit towards the front please)
Our Lady of Perpetual Help Novena: Wednesdays immediately after the 8am Mass (sit at Tabernacle section only)

For those who wish to join us in celebrating the liturgical Mass in person, the following policies and procedures will be in effect to ensure the safety and well-being of our parishioners.

REMINDERS:

If you are sick and exhibit symptoms of COVID-19 (fever, cough, cold), or have had close contact with any individuals who have COVID-19, please stay home. This is in accordance with the state, local and Health Safety guidelines.
 For those who do not feel safe coming to Church yet, our Archbishop Jose Gomez has dispensed the faithful from the obligation of attending Mass on Sunday. Therefore, if you feel unsafe and identify yourself to be at risk because of an underlying health issue, or are of ages 65 and older, we strongly encourage, for your own health, to avoid attending public celebrations of the Mass at this time. Instead, you may choose to continue attending the live streaming of Mass. The schedules are published on our St. Barnabas Website and social media (Facebook, Instagram).

ENTRY/EXIT DOORS (See Map)

Access to the church will only be through the two entrances **near the altar** facing Marron Avenue, and the entrance with the ramp facing the main parking lot. Please follow the signs and maintain social distancing to enter the church in an orderly manner.

Exit from the church will be through the doors near the Vestibule facing Marron Avenue, the doors leading to the inside parking lot, and the doors on main entrance facing Orange Ave. The only exception is that those who are exclusively depend on using the ramp to enter the church will exit through the same door.

In an emergency situation, ALL the doors will be used to exit the church.

Doors will be open for entry 30 minutes prior to the start of each mass. Holy water container will be empty.
 According to the state, local and Health Safety guidelines, we are limited to 100 communicants for each mass schedule; this will be implemented by **"First come, first serve basis."**

If maximum occupancy of 100 communicants is reached, the doors will be closed and signs on the doors will state: "Maximum Occupancy of 100 has been reached. Please join us for the next available Mass."

Safety Precautions:

The faithful are obliged to wear a face mask upon entering the church

premise, during the celebration of the Mass, and until exiting the church. Volunteers are expected to do the same.

Volunteers will be stationed at specified entrances and will screen parishioners for symptoms of fever, cough or cold.
 Volunteers are to maintain 6 feet social distancing when conducting brief surveys.

Volunteers will help seat Parishioners as they walk in and fill up front pews first at designated and marked spots to respect social distancing guidelines. Please do not attempt to walk, sit, stand, or kneel at any non-designated location.

Parishioners are encouraged to respond and sing while keeping their voice at a low volume.

Procession of the gift will be suspended. There will be no passing of the offertory basket. Instead, two stationary baskets will be placed near the designated exits for donating your offerings.

The sign of the peace is optional. If it is offered, there is to be no physical contact. A simple gesture such as a nod of the head or a non-touching hand gesture is recommended.

During the **distribution of communion**, volunteers wearing mask will ensure six-foot distancing in the communion line using floor markings along the aisle. Parishioners will receive the Body of Christ "on hand," and must step to the side to the marked position before consuming. Communion will not be given "on tongue".

Those who are with disabilities will remain at your seated places. The priest or a Eucharistic minister will bring you the Holy Communion.

The volunteers will be directing the safe exit of the faithful at the conclusion of the Mass. Please maintain social distancing and avoid gathering inside and outside of the church vicinity.

DISINFECTING/SANITIZATION OF CHURCH

Appropriate cleaning of high use areas within the church will be done before and after each service.

The pews utilized by the assembly will be wiped down with disinfectant. Restroom facilities and door handles, push plates, and knobs will be sanitized after each service.

OTHER IMPORTANT NOTES:

-All hymnals and missalettes are removed from the pews and stored away until it is safe to place them again. The projector will be used to display the readings, liturgical responses, and prayers. The faithful are encouraged to bring their own missals or hymnals for use during the celebration of Mass. No materials will be left in the pews when the Mass is over.

-Families can sit together in the pews/rows. Please keep your children with you at all times.

-Live streaming of the daily Mass at 8:00 am, and the Sunday Mass at 9:00 am will continue.

-For people who do not wish to come to mass, Archbishop Jose Gomez has extended the dispensation until further notice.

-Parishioners who are 65 years and above are encouraged to stay home to minimize their risk.

-Bulletins are available online for download.

-The choir loft, cry room, all prayer rooms (memorial room, Divine Mercy room), and the electronic candles at all shrines are suspended until further notice. We strongly discourage touching of statues at this time.

-From Monday to Saturday, the church will be open for Mass and private prayer from 7:30 am – 12:00 pm. (NEW TIMES) The section on the Tabernacle side of the church will be designated for private prayer. Please, only sit in that section.

-On Sundays the church door will open 30 minutes prior to each Mass. And, we request you to exit the church when the Mass is concluded in order to allow us to disinfect the church and get ready for the next Mass.

-All gatherings in the church premises, including for Coffee and donuts are suspended until further notice.

-UPDATE: 6/9/20: All Confessions are suspended until further notice.

-Parish Office remains CLOSED. Phone calls allowed Mon-Sat: 9am-4pm, and Sun: 9am-2pm.

These guidelines will be reviewed and updated as needed by our Health Care Committee, and will be made available to you on a timely manner. I take this opportunity to express my profound gratitude to this Committee for having diligently worked on preparing these guidelines for our parish.

With Blessings,

Rev. Antony Gaspar –Pastor

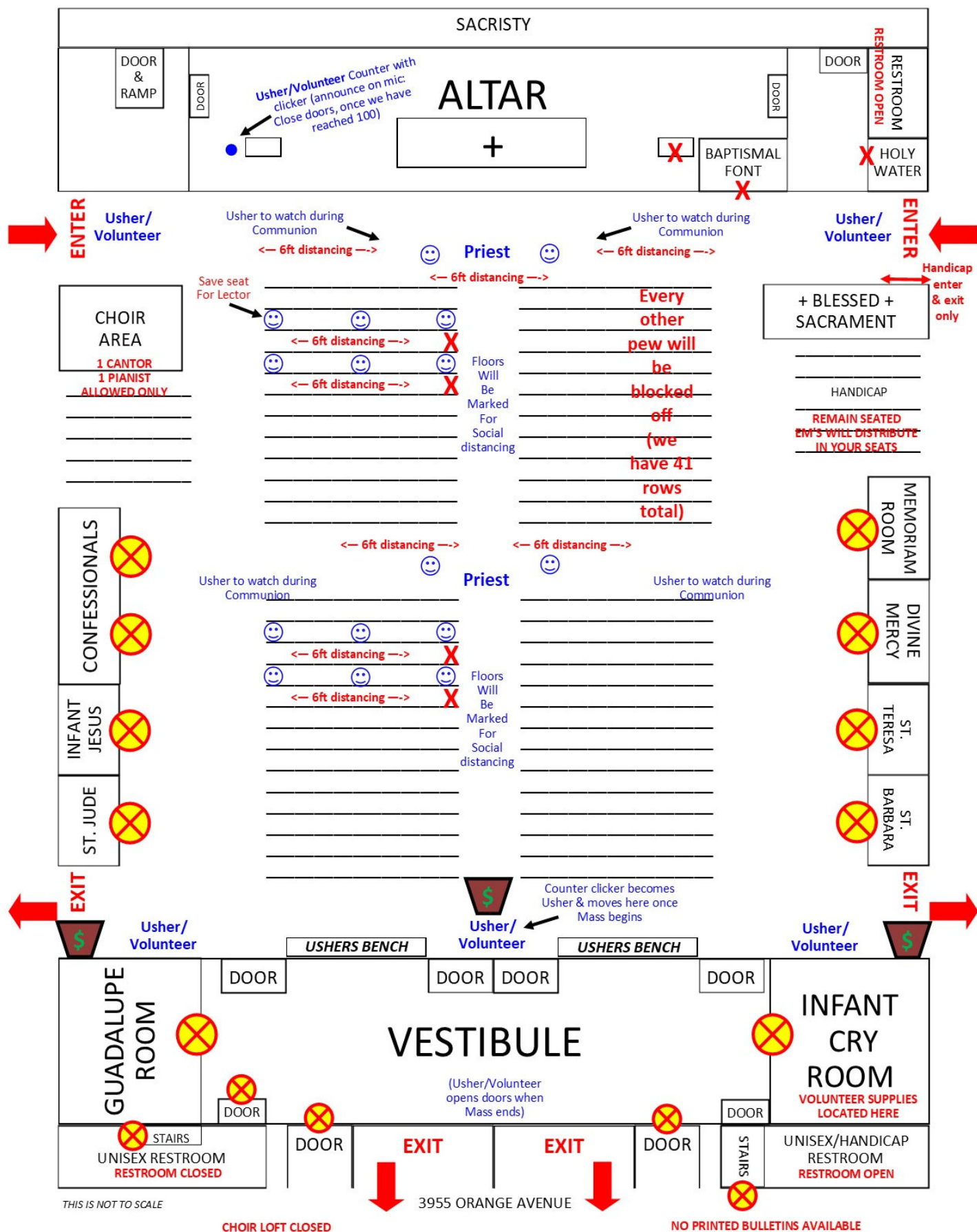


***** SEE MAP OF INSIDE OF CHURCH ON THE NEXT PAGE *****



PLEASE SUBSCRIBE TO OUR NEW YOUTUBE CHANNEL!

Please visit: www.youtube.com/c/stbarnabaschurchlongbeach



Dear Padre

June 14, 2020

Why have many Christian religions been divided over the question of Christ's Body and Blood?

Today's Gospel indicates that even before the Last Supper, Jesus' teaching about his Real Presence was met with skepticism. When Jesus said, "The bread that I will give is my flesh for the life of the world," the reaction was, "How can this man give us [his] flesh to eat?" (John 6:51-52). When Jesus continued, "Whoever eats my flesh and drinks my blood remains in me and I in him," his hearers shrugged: "This saying is hard; who can accept it?" (John 6:56, 60).

John's inclusion of this incident in his Gospel indicates that some of his contemporaries also denied Christ's Real Presence. Since then, some Christians have broken away from the Catholic Church because they could not accept the reality of Christ's eucharistic Presence. Some contend that Christ was speaking metaphorically—that the bread and wine merely symbolize the spirit of Jesus. Others say that Christ is present only as a result of the faith of the community and doesn't remain after the worship service.

The Catholic Church teaches that when Jesus pronounced, "This is my body...this is my blood," he meant exactly what he said. For Jews of Jesus' time, "body" meant the person, and "blood" was the source of life identifiable with the person. Jesus was saying over the bread and wine, "This is my very self." Church teaching couldn't be more clear: in the Eucharist "the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained" (*Catechism of the Catholic Church*, 1374).

—Fr. Oscar Lukefahr, CM

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saint snippets

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St. Romuald

11th-century Italian nobleman who left his worldly life behind to live as a hermit. He founded the Camaldolese monastic order.

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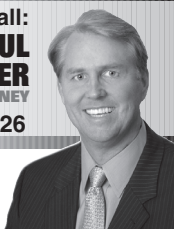
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