

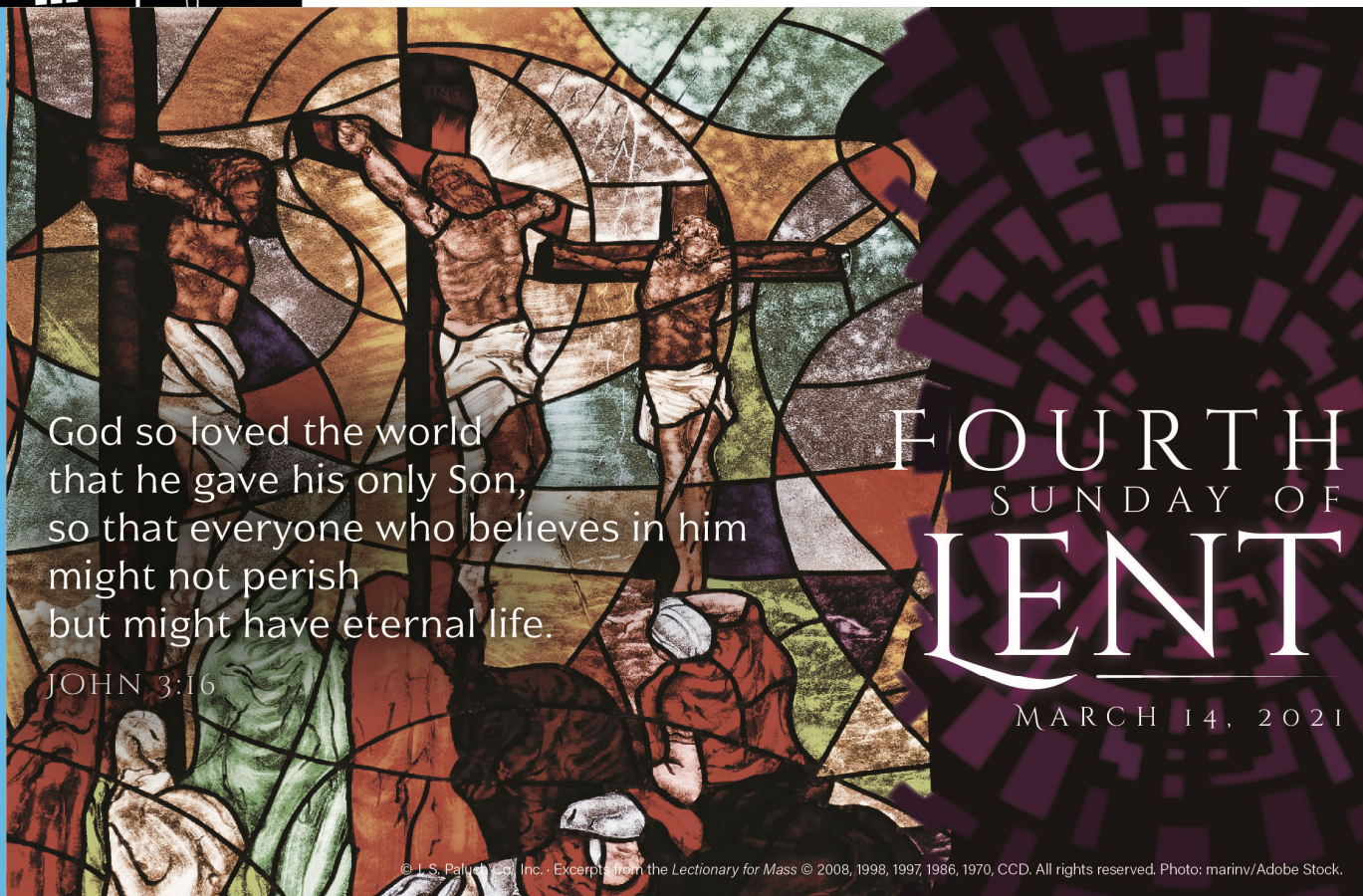


ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG



REV. ANTONY GASPAR | REV. BERNARD SANTIAGO
Pastor Associate Pastor



God so loved the world
that he gave his only Son,
so that everyone who believes in him
might not perish
but might have eternal life.

JOHN 3:16

FOURTH
SUNDAY OF
LENT

MARCH 14, 2021

© J. S. Paluch, Inc. Excerpts from the Lectionary for Mass © 2008, 1998, 1997, 1986, 1970, CCD. All rights reserved. Photo: mariniv/Adobe Stock.

2021



YEAR OF ST. JOSEPH

PARISH OFFICE:
OFFICE #: 562-424-8595
E-MAIL: CHURCH@STBARNABASLB.ORG

OFFICE HOURS: (Phone Calls Only)
Mon-Fri: 9:00am-2:00pm
Sat: 9:00am-2:00pm | Sun: 9:00am-12:00pm

THE PARISH OFFICE REMAINS CLOSED TO THE PUBLIC.
WE INVITE YOU TO DROP-OFF ENVELOPES IN OUR MAIL
SLOT. YOU CAN REACH US VIA E-MAIL OR CALL THE
PARISH OFFICE FOR OTHER INQUIRIES, SO THAT WE MAY
SERVE YOU BEST.

CONFESSIONS BY APPOINTMENT ONLY.
CALL OR E-MAIL TO BOOK TIME SLOT. NO WALK-INS.

ALL CAMPUS FACILITIES ARE NOT TO BE USED AT THIS
TIME. NO BOOKINGS OR EVENTS UNTIL FURTHER NOTICE.

See Page 6 for Special Lenten Schedule

NEW MASS SCHEDULE

Monday - Saturday	7:00 am	Church
SUNDAY	7:00 am 8:00 am 9:00 am	Church Parking Lot Church

LIVE-STREAM MASS/ONLINE ZOOM

Monday - Saturday Tuesday Wednesday	7:00 am 7:30am 7:30 am	Facebook & YouTube St. Joseph Novena Perpetual Help Novena
SUNDAY	9:00 am	Facebook & YouTube
Thursday	7:00pm-8:30pm	Online Bible Study via online Zoom
1st Tuesday of the month	7:00pm-8:00pm	Reflection Talk via online Zoom

PARISH MISSION STATEMENT

"We, the Catholic Community of St. Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

FINANCIAL BLESSINGS

03/07/21 Collection:	\$ 4,428.00
Faith-Direct Bi-Weekly Contribution:	\$ 6,541.87 Period: 2/1 - 2/15

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.

Weekly Altar Flower Sponsors:

From The Matute Family
Death Anniv: +Bernardo Matute Sr.
2-Yr Anniv: CANA Marriage
Renewal Ministry
March 8—March 14

Monthly Flower Donors for Tabernacle & Blessed Mother:

Fred & Letty Montoya
March 6 - March 20

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

ST. BARNABAS SCHOOL

Office: (562) 424-7476
Fax (562) 981-3351

3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Rel Ed Coordinator: **Juan Rodriguez Jr.**
562-341-7772 cell/text
religioneeducation@stbarnabaslb.org

Confirmation Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org

Good News!

March 14, 2021

Fourth Sunday of Lent (B)

2 Chr 36:14-16, 19-23; Eph 2:4-10; Jn 3:14-21

We normally take great pride in making our own decisions. When we did this as children, it was a sign that we were growing up; as adolescents, it was a proclamation of independence. Now as adults, when making decisions we demonstrate that we are self-directed. The problem doesn't seem to lie in decision-making itself but in the options given to us that require a decision. And there is the rub. Often these are options not of our choosing. This can make decision-making very difficult.

Today's Gospel is all about making decisions. Options are placed before us. We either choose Jesus and the extraordinary way of life that he has outlined for us, or we go along with the movements of society. This could include making money at any cost, denying hospitality to those who knock on our door, harboring an attitude of superiority over others. We either choose to live in the light with the insights that our faith provides, or we simply accept the values that bombard us each day through the media, namely: Me first. What's mine is mine. What's in it for me? Not in my back yard.

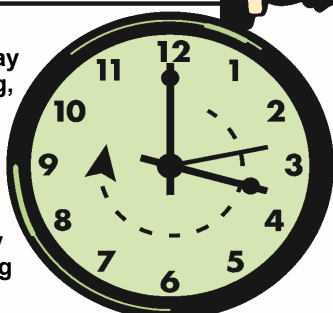
If we look carefully, we will realize that the way of life Jesus promotes is based on the dignity of each person, who is made in the image and likeness of God. Actions that dismiss, demean, damage, or destroy human life are contrary to the teaching, life, and example of Jesus. Accepting his way brings forth a new society called "the reign of God." Rejecting it will undermine the foundations of the society we have. Which will it be? You decide.

Sr. Dianne Bergant, CSA

© 2021 Liguori Publications, Liguori, MO 63057-9999. Printed in U.S.A. Imprimatur: "In accordance with c. 827, permission to publish has been granted on August 19, 2020, by the Most Reverend Edward M. Rice, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication, nor is any liability assumed by this permission." No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from the New American Bible, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved. To order Liguori Sunday Bulletins, call 800-325-9521.

Set Clocks Ahead

11pm
Saturday
evening,
so you
won't
be
late
for
Sunday
morning
Mass!



© J. S. Paluch Co., Inc.

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony or Fr. Bernard, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE THIS NEW E-MAIL FROM: parish.office3071@gmail.com (pretending to be from Fr. Antony)** Do not reply to them and immediately delete it. Alert the Parish Office if you receive any other fake messages, so we can flag it. Thanks for your cooperation.



Text the word "ENROLL"
to 562-330-1646



membership.faithdirect.net/CA794

Stop the spread of germs that can make you and others sick!



Wash your
hands often



Wear a cloth
face cover



Cover your coughs
and sneezes



Keep 6 feet of space
between you and
your friends



cdc.gov/coronavirus

MARK YOUR CALENDAR

3/14: Daylight Savings Time - Spring Forward 1-hr
 3/16: FR. ANTONY'S BIRTHDAY!!!
 3/16-3/18: 3-Day St. Joseph Novena
 3/17: St. Patrick's Day
 3/19: Feast Day of St. Joseph
 3/21: Lenten Pantry Food Drive (1-day collection)
 3/28: Palm Sunday



WEEKLY MASS INTENTIONS

Sunday, March 14th

Melba Espiritu; Rafalovich Family; Jaime & Linda Perez & Family; Mikaela Joyce P. Ponce; +Bonifacio & +Hermenia Avancena; +Serafin Guzman; +Annie Pallivathukal; +Elizabeth Cannata; +Arturo Base; +Milagros Pasamonte; +Christian Grant Yumul; +Regina E. Bumuo

Monday, March 15th

Sacristans & Lectors; Justin "TJ" Gabrillo

Tuesday, March 16th

Fr. Antony Gaspar (birthday); Intentions of Pope Francis; +Diosdado P. Capile; +Lourdes Santos Cruz

Wednesday, March 17th

St. Barnabas School; OLPH Devotees; Saint Patrick; Holly; Marcus; Patrick Madriaga; Katie Rodriguez; +Persie Nolan

Thursday, March 18th

+Rudy Espeleta; +Theresa Gray; +Jose Bravo; +Josephine Orayantes; +Jose "Babes" Noel

Friday, March 19th

Feast Day of St. Joseph; Confirmation Students/Catechists; Daniel Joseph Banting; Jun Herrera; Uche Andrew Mbagwu

Saturday, March 20th

Parishioners who are homebound; Candice Driscoll; +Serafin Guzman; +Rudy Espeleta; +Susan Tiong

Sunday, March 21st

All Family Members who passed away from Covid; +Anastacia Cordero Cajipo; +Serafin Guzman; +Augusto M. Pasamonte; +Regina E. Bumuo; +Rudy Espeleta

*Book your Mass Intentions via Website, E-mail or by phone. (+ indicates deceased)
 Mass Intentions will be read at ALL Masses. Send requests at least 2 weeks in advance*

PRAY & REMEMBER WHO HAVE DIED

Don Watson
 Ruth Vela
 Theresa Gray
 Tomas Suarez
 Diosdado P. Capile
 Myrtle McCorkle
 Maria Rose Ramirez
 Estela Delgadillo
 Maria C. Lomeli



Martin A.D. Villareal
 Dolores Spak
 Charry Cristobal
 Gregorio Dones
 James Keehan
 Ernesto Santana Leon
 Maria E. Ramirez
 Dick Demooy

TODAY'S READINGS

First Reading — The wrath and the mercy of the Lord are revealed in the exile and liberation of the chosen people (2 Chronicles 36:14-16, 19-23) *or* 1 Samuel 16: 1b, 6-7, 10-13a.

Psalm — Let my tongue be silenced, if I ever forget you! (Psalm 137) *or* Psalm 23.

Second Reading — By grace you have been saved (Ephesians 2:4-10) *or* Ephesians 5:8-14.

Gospel — The Son was sent by God so that the world might be saved through him (John 3:14-21) *or* John 9:1-41 [1, 6-9, 13-17, 34-38].

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54

Tuesday: Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

Wednesday: Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

Thursday: Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

Friday: 2 Sm 7:4-5a, 12-14a, 16; Ps 89:2-5, 27, 29; Rm 4:13:16-18, 22; Mt 1:16, 18-21, 24a *or* Lk 2:41-51a

Saturday: Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53

Sunday: Jer 31:31-34; Ps 51:3-4, 12-15; Heb 5:7-9; Jn 12:20-33

Alternate readings (Year A):

Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

NEW PRAYERS FOR HEALING...

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Dolores Beck, Kathy Wachter, Josh & Pam Batovsky, Sherrie & Heather Wren, Elizabeth N. Gabrillo, Florencio "Junn" P. Gabrillo Jr., Lorna Declines, Mario Visperas, Natividad S. Fernandez, Sue Ann E. Tumakay, Cesar Giron, Robert Carambelas, Augusto David, Ramon Rocha, Ann Bechen, Marge Williams, Jason, Marika & Alex Saliba, Pam Smith, Celia Lim, Maggie Gallo, David, Gloria Tongol, Hector Gustilo, Christina Castro, Marilee Silva, Maria Delgado, Grace, Fr. Tony Astudillo, Rose de los Reyes, Tom Chadwell, Dave Grohl, Richie & Rosemaria Ochotorena, Mary Agnes, Maya Millete, Nelia Estrada, Jessica Ramos, Flora Capile, Mateo Leyva, Annie Lou Herron, Ray Martinez, Barbara Hendron, Roxann Batozsky



WE BEGIN A NEW LIST OF NAMES EVERY 6 MONTHS. IF YOU WANT A NAME LISTED ON THIS PRAYER LIST, PLEASE CALL OFFICE & LEAVE A MESSAGE WITH THE NAME, OR E-MAIL THE NAME & WE WILL BE HAPPY TO LIST IT OR RE-ADD IT!

PARISH & MINISTRY NEWS

3-DAY NOVENA TO ST. JOSEPH



Please join us for our 3-Day Novena from March 16th to 18th, followed by his Feast Day on the 19th, in honor of St. Joseph!

We invite everyone to bring their images, or statues of St. Joseph, or of the Holy Family to be blessed at both Friday Masses at 7am and/or 6pm. We encourage you to participate during this Year of St. Joseph!!!

LOOKING FOR A "SPANISH-SPEAKING" VOLUNTEER TO JOIN OUR WEDDINGS & QUINCEANERAS MINISTRY

We are in need of a "Spanish-speaking" person, to join our Weddings and Quinceañera Coordinating Team. Deb Ryan leads this ministry. We are finding it a bit challenging when there is a language barrier when planning and coordinating for these events. You will be helping when needed, for upcoming Weddings and Quinceañeras at our Church. You will assist Deb on Rehearsals and "Day-Of" event coordinating. **If you are interested in helping us, please contact: Deb Ryan at: 562-209-2458 / dryandesign@yahoo.com.** You must also be up-to-date with your Virtus Training. (Virtus Training info: <https://www.virtusonline.org/virtus/>)

CHURCH CONTRIBUTIONS FOR TAXES

If you would like to obtain a copy of your 2020 Church Contributions, **please e-mail us at: church@stbarnabaslb.org (preferred, that way we can e-mail your copy faster).**

You can also call our Parish Office and leave your full name, address & phone number and we can mail them out, when they are ready. We will not be sending them out automatically.

MONTHLY ZOOM REFLECTION TALK

TOPIC: VIRTUES OF ST. JOSEPH

From: 2/2/21 - 6/1/21 (Themed around St. Joseph)

We will be having an enrichment talk with our Priests, **every 1st TUESDAY OF THE MONTH from 7:00pm-8:00pm.** Visit our website on how to join via Zoom meeting, OR You can join directly thru your computer or phone by visiting this link:

<https://zoom.us/j/92139079499>

Meeting ID: 921 3907 9499 Password: 3955

Or call in to listen, one tap mobile:

+1-699-900-6833,,92139079499#,,#3955#

LENTEN ALMSGIVING

MISSION PRIESTS' SUPPORT

Fraternal Greetings and Lenten Blessings to you! We pray that this season of Lent would help you to embark on a reflective journey to renew your spiritual life. May the three pillars of Lent, (Prayer, Fasting, and Almsgiving) guide you to deepen your love for God and our neighbor.



In the spirit of living out the Lenten Almsgiving, we invite you, if you are interested, to join us supporting the Missionary Priests who are in need of assistance for their sustenance during this time of Pandemic. Our kindness and generosity would certainly help them to continue to serve God and His people in their poor Mission Parishes. You could offer your generosity in two ways:

1. Giving a Free will offering (mail in or drop off at Parish Office)
2. Give donation via online Faith Direct -LENTEN ALMSGIVING (link is below) Memo/Note: "Mission Priest Support"
3. Requesting Mass Intentions (give directly to Fr Antony/Fr Antony - these will be given the Priests for them to say at their Parish)

If you are a parishioner, kindly write the checks to our parish. **If you are in other places, you could write the checks to: "Mother Theresa Foundation Inc" or pay via online thru Faith Direct for LENTEN ALMSGIVING.** Your donation is tax deductible. May you have a fruitful Lent.

<https://membership.faithdirect.net/givenow/CA794/42148>

We want to thank you for your kind and fraternal gesture towards missionary priests in this Blessed Season of Lent as part of your Lenten Observance.

With Prayers and Blessings,
Fr. Antony, Fr. Bernard and Staff



FR BERNARD'S BIBLE STUDY

EVERY THURSDAY NIGHT: 7:00PM - 8:30PM

Join Fr. Bernard's Bible Study Sessions every Thursday from 7:00pm-8:30pm. You can join thru your computer or phone by visiting this link:

<https://zoom.us/j/99174147604>

Meeting ID: 991 7414 7604

Password: 3955

For more info, visit our webpage:

<https://stbarnabaslb.org/bible-study/>

Join our Bible Study Group's Facebook page:

[Facebook.com/groups/biblestudy1b](https://www.facebook.com/groups/biblestudy1b)



Mobile: +1-669-900-6833, 99174147604#,, #3955#

SPIRITUAL COMMUNION PRAYER

My Jesus, I believe that you are present in the
Most Holy Sacrament.
I love you above all things and I desire to
receive you in my soul.
Since I cannot at this moment receive you
sacramentally, come at least spiritually into
my heart.
I embrace you as if you were already there and
unite myself wholly to you.
Never permit me to be separated from you.
Amen.

Please pray in the morning, at 12 noon & 6 pm with our church community when our bells ring.

THE ANGELUS

V. The angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.

Hail Mary, full of grace; the Lord is with Thee:
blessed art thou amongst women, and blessed is
the fruit of thy womb, Jesus. Holy Mary,
Mother of God, pray for us sinners, now and at
the hour of our death.

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.
R. And dwelt among us.

Hail Mary...

V. Pray for us, O Holy Mother of God.
R. That we might be made worthy of the promises
of Christ.

Let us pray. Pour forth, we beseech Thee, Lord,
Thy grace into our hearts; that, we, to whom the
Incarnation of Christ, Thy Son, was known by
the message of an angel, so by His Passion and
Cross be brought to the glory of His Resurrection.
Through the same Christ our Lord.
R. Amen.

LENTEN PRAYER

Loving Jesus,
Walk with us as we make our journey
through the desert of this Lenten season.
When we feel lost and alone,
help us to hear your tender voice calling our
name.
When we encounter the brokenness in our world,
inspire us to respond with generous hearts and
kind words.
When we are distracted by the noise of this world,
enable us to depend on you for answers.
In all moments, teach us to trust in you
so that as we make our earthly journey
we may come to know of your love and mercy
and one day soak in the heavenly light
with you forever.
Jesus, I trust in you.
Amen.



PRAYER TO SAINT JOSEPH



Prayer to Saint Joseph

To you, O blessed Joseph, / do we come in our afflictions, / and having
implored the help of your most holy Spouse, / we confidently invoke your
patronage / for our spiritual well-being.

Through that charity / which bound you to the Immaculate Virgin Mother
of God / and through the paternal love with which you embraced the Child
Jesus, / we humbly beg you to graciously regard / the inheritance which
Jesus Christ has purchased by his Blood, / and, with your power and
strength / to help us in our necessities.

O most watchful guardian of the Holy Family, / defend and protect our
families, / the chosen children of Jesus Christ, / from all evils; / O most
loving father, / keep us away from all forms of false teachings / and
corrupting influences / that seek to destroy the Sanctity of human family;
/ O our most mighty protector, / be kind to us, / and from heaven / assist
us in our struggle against the power of darkness.

As once you rescued the Child Jesus from deadly peril, / so, now protect
God's Holy Church / from the snares of the enemy / and from all
adversity; / shield each one of us by your constant protection, / so that, /
supported by your example and your assistance, / we may be able to live
as pious children of God the Father; / bear witness to your foster Son Jesus
faithfully / by living a virtuous life; / and, at last to die in holiness, / and
to obtain eternal happiness in heaven. / Amen!

(Adapted from the prayer composed by Pope Leo XIII in his 1889 encyclical, Quamquam pluries).

**JOIN US EVERY TUESDAY AFTER 7AM DAILY
MASS FOR OUR NOVENA TO ST. JOSEPH**

POPE'S PRAYER FOR PROTECTION



PRAYER TO THE VIRGIN MARY FOR THE PROTECTION FROM CORONAVIRUS

O Mary, you shine continuously on our journey
as a sign of salvation and hope. **We entrust
ourselves to you**, Health of the Sick. At the foot
of the Cross you participated in Jesus' pain, with
steadfast faith. You, Salvation of the Roman
People, know what we need. We are certain that
you will provide, so that, as you did at Cana of
Galilee, joy and feasting might return after this
moment of trial. **Help us, Mother of Divine
Love**, to conform ourselves to the Father's will
and to do what Jesus tells us: He who took our
sufferings upon Himself, and bore our sorrows
to bring us, through the Cross, to the joy of the
Resurrection. Amen.

We seek refuge under your protection,
O Holy Mother of God. Do not despise our
pleas – we who are put to the test – and
deliver us from every danger, O glorious
and blessed Virgin.

Prayer by Pope Francis

dosp.org

HOLY WEEK SCHEDULE 2021

<u>DATE:</u>	<u>TIMES & NOTATIONS:</u>
ASH WEDNESDAY FEBRUARY 17	7:00 AM MASS (OLPH Novena after Mass) 8:30 AM MASS 5:00 PM MASS 7:00 PM MASS
FRIDAYS – STATIONS OF THE CROSS FEBRUARY 19 – 26 (consecutive Fridays)	5:30 PM (Stations of the Cross) 6:00 PM MASS 6:15 PM – 8:30PM – FISH FRY (DRIVE-THRU: "PICK-UP/TO-GO" ONLY)
CONFESSIONS DURING LENT <u>Fridays:</u> appts & walk-ins <i>*Appointments take priority</i> <u>Saturdays:</u> by appointment only	8:00 AM – 9:00 AM (Fridays)* 9:00 AM – 10:00 AM (Saturdays)
PALM SUNDAY MARCH 28, 2021	7:00 AM MASS 8:00 AM MASS 9:00 AM MASS
HOLY THURSDAY APRIL 1, 2021	<u>NO MORNING MASS</u> 7:00 AM – Rosary/Morning Prayers 7:00 PM – MASS 9:00PM – 11:00 PM (Night Prayers)
GOOD FRIDAY APRIL 2, 2021 Veneration of the Cross	<u>NO MORNING MASS</u> 7:00 AM – Rosary/Morning Prayers 12:00 PM – Stations of the Cross 12:30 PM – SERVICES ONLY 5:00 PM – Stations of the Cross 5:30 PM – SERVICES ONLY
HOLY SATURDAY/EASTER VIGIL APRIL 3, 2021	<u>NO MORNING MASS</u> 7:00 AM – Liturgy of the Hours 7:30 PM – EASTER VIGIL MASS
EASTER SUNDAY APRIL 4, 2021	7:00 AM – MASS 8:00 AM – MASS 9:00 AM – MASS

Subject to change at any time.



PLEASE SUBSCRIBE TO OUR YOUTUBE CHANNEL!

Please visit: www.youtube.com/c/stbarnabaschurchlongbeach

LENTEN STATIONS OF THE CROSS

FEB. 19TH TO MARCH 26TH: EVERY FRIDAY STATIONS OF THE CROSS: 5:30 PM (outside)

In order to meaningfully observe the season of Lent, we will pray the Stations of the Cross every Friday, at **5:30pm** followed by **Mass at 6:00pm**. Please make an effort to participate in these Lenten worship activities. Below is the schedule for the Stations of the Cross. It's a wonderful chance to really involve yourself during Lent.

DATE (CONSECUTIVE FRIDAYS)	LED BY DIFFERENT MINISTRIES
FRIDAY: FEB. 19TH	LEGION OF MARY
FRIDAY: FEB. 26TH	FILIPINO-AMERICAN ASSOCIATION
FRIDAY: MAR. 5TH	KNIGHTS OF COLUMBUS
FRIDAY: MAR. 12TH	DIVINE MERCY APOSTOLATE
FRIDAY: MAR. 19TH	CONFIRMATION STUDENTS
FRIDAY: MAR. 26TH	ST. BARNABAS SCHOOL

 KNIGHTS OF COLUMBUS FISH FRY MENU TO-GO 	
COMBO #1 • 2 Fried Fish • Fries • Veggies • Pancit Noodles • Dinner Roll • Bottled Water	COMBO #2 • 1 Baked Fish • AuGratin Potatoes • Veggies • Rice (white) • Dinner Roll • Bottled Water
COMBO #3 • 3 Fried Shrimp • Fries • Veggies • Pancit Noodles • Dinner Roll • Bottled Water	KIDS MEAL • 1 Fried Fish or 2 Fried Shrimp • Fries • Dinner Roll • Bottled Water
PRICES: (Pick-up/To-Go Only) ADULTS: \$12 SENIORS: \$10 KIDS: \$8	

KNIGHTS KORNER

We have wheelchairs available for donation for the needy, who may need one. This is sponsored by our Knights of Columbus. If you or anyone you know who may be interested and in need of a wheelchair, please contact Grand Knight: Joe Ahle at 562-708-6542



SBS VIRTUAL SPRING EVENT!!!

Mark your calendars for an exciting Virtual Spring Event Fundraiser & Student (Revue) Showcase that will take place on ONE fun-filled night that will be streamed live to enjoy from the comfort of your own home!

**SATURDAY, MAY 15TH
@ 7:00 PM**



Guests will have an opportunity to support our school by participating in a special live-streamed auction on Saturday evening during the virtual student showcase. The showcase will also feature our annual cash raffle drawing (tickets

available later this month) and other exciting contests. Stay tuned for more details to be announced!

Funds raised from this year's event will go toward a new SBS Cares Discretionary Fund that will benefit future capital improvements & projects, SBS family tuition assistance, and other areas of greatest need.

2020 EVENT TICKET PURCHASES WILL BE TRANSFERRED TO THIS EVENT -

2021 TICKET PRICING & BENEFITS TO BE ANNOUNCED.

SAVE THE DATES: OUR ONLINE AUCTION will run May 5-15 (ending one hour before the live-streamed event) and will feature class projects and class themed baskets. Stay tuned for more details to come! Visit this link for more information:

<https://www.biddingforgood.com/auction/auctionhome.action?vhost=SBSspringevent>

Please contact Candice Wood, Chair for more info or if you are interested in supporting as a sponsor.

Email: sbsspringevent@gmail.com or 562.794.7889

SAFEGUARD THE CHILDREN

DID YOU KNOW? HOW PARENTS CAN HELP FIGHT AGAINST SEX TRAFFICKING

Sex trafficking is a serious threat in the U.S. and around the world. Parents can make a difference in their families and in their communities by educating themselves and their children. Know the signs of trafficking or abuse, including changes in behavior, nightmares, anxiety, and self-destructive behavior. Fostering trust and communication between parents and children is crucial to protecting them from exploitation. To read more from the VIRTUS® article "Sex trafficking: What we can do to help," visit <https://lacatholics.org/did-you-know/>.

Dear Padre

March 14, 2021

My friend's parish is having a St. Joseph's Day Altar. What is that?

According to tradition, the altar to St. Joseph originated in the Middle Ages by Sicilians who invoked their patron saint during an extended drought and famine. When rain finally brought relief, the people expressed their gratitude in two ways: by displaying a table with the foods they harvested and by distributing their plenitude to those most in need.

Over time, the custom of an altar around the March 19 feast day of St. Joseph gained popularity and is now embraced by the faithful of any nationality wishing to share their good fortune with those who have less. The meatless feast usually includes baked items, beans, nuts, fruits, and seafood presented in ways that symbolize elements of the faith. Prayerful rituals and children portraying the Holy Family add to the celebration and heritage.

Whether the altar is modest or elaborate, at home or in church, it's a labor of love meant to strengthen the bonds of family and friends in its preparation and to strengthen one's faith and charity in its execution.

Fr. Byron Miller, CSsR

© 2021 Liguori Publications, Liguori, MO 63057-9999. Printed in USA. Imprimatur: "In accordance with CIC 827, permission to publish was granted on August 19, 2020, by the Most Reverend Mark S. Rivituso, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication, nor is any liability assumed by this permission." No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from the New American Bible, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved. To order Liguori Sunday Bulletins, call 800-325-9521, or visit Liguori.org.

ARCHDIOCESE NEWS

VOCATIONS TO THE PRIESTHOOD

Is God calling you? The Church needs Men of Courage... our Vocation Team is ready to help you discern!

OFFICE FOR VOCATIONS (ADLA)

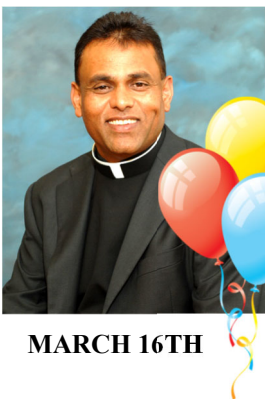
213-637-7248 @LAVocations

Www.LAVocations.org

Contact: Fr. Mike Perucho

frmiikeperucho@la-archdiocese.org

HAPPY BIRTHDAY, FR. ANTONY!!!



LET US ALL WISH FATHER ANTONY GASPAR A VERY HAPPY BIRTHDAY!!!

ST. BARNABAS IS SO BLESSED TO HAVE HIM AS OUR PASTOR!

GOD BLESS HIM IN HIS MINISTRY!

MARCH 16TH

SAINTS AND SPECIAL OBSERVANCES

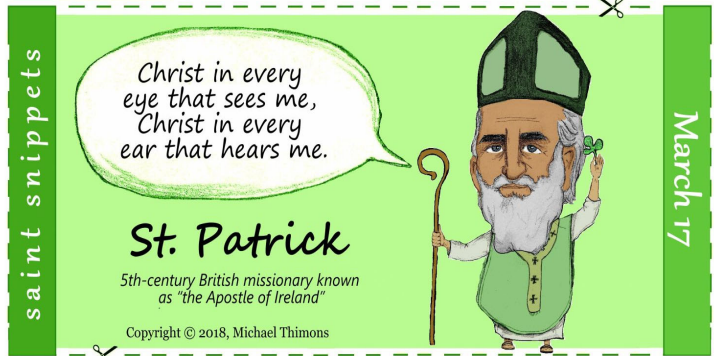
Sunday: Fourth Sunday of Lent; Second Scrutiny;
Daylight Saving Time begins

Wednesday: St. Patrick

Thursday: St. Cyril of Jerusalem

Friday: St. Joseph; Abstinence

Saturday: Spring begins



ITEMS NEEDED:

- Sugar/Brown Sugar
- Flour
- Corn Meal
- Boxed Pasta
- Cereal
- Oatmeal
- 1-5 lbs of Dry Beans (pinto, navy, white or black)
- 1-5 lbs Bag of Rice (calrose, long grain, etc.)



All items will be donated to Catholic Charities in Long Beach.

**Sunday: March 21st
7:00am - 10:30am**

FOR MORE INFO OR QUESTIONS, PLEASE CONTACT MARINA DIRECTLY AT: 562-254-8133, OR E-MAIL HER AT: MARINACUICO@GMAIL.COM



CATHOLIC CEMETERIES & MORTUARIES

EVERLASTING FAITH. EVERLASTING LIFE.

*A ministry of the Church
serving the faithful.*

Learn about our 11 locations in
Los Angeles, Ventura and
Santa Barbara counties

CatholicCM.org

**catholicmatch®
California**



CatholicMatch.com/myCA

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

✓ Ambulance Solutions as Low as **\$19.95** a month
✓ Police ✓ Fire
✓ Friends/Family FREE Shipping
FREE Activation
NO Long Term Contracts



CALL NOW! 800.809.3352

MDMedAlert
Safe-Guarding America's Seniors Nationwide!



This Button SAVES Lives!
As Shown GPS,
Lowest Price Guaranteed!

GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA

SPACE AVAILABLE

To Advertise Here...

Contact JILL ADAIR
today at (800) 231-0805
adairj@jspaluch.com

J.S. Paluch
Company

Please Cut Out This "Thank You Ad"
and Present It The Next Time You
Patronize One of Our Advertisers

Thank You

Thank you for advertising in
our church bulletin.
I am patronizing your business
because of it!

Protecting **Seniors**
Nationwide

Medical Alert System



\$29.95/MO. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

ONE PARISH

Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!



Download Our Free App or Visit
www.MY.ONEPARISH.com

**Get this
weekly bulletin
delivered by
email - for FREE!**



Sign up here:

www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



LUYBEN FAMILY DILDAY-MOTTELL MORTUARY

Our Family Serving Yours

GUARANTEED LOWEST FUNERAL COST IN TOWN
5161 Arbor Rd. (Long Beach-Lakewood Village)

Neighborhood Catholic Family
John G Luyben, Jr. Rosalie A. Luyben Thaddeus Luyben
Martin Luyben James Morgan

425-6401



Alamos IPA, Brookshire IPA,
Fountain Valley IPA,
Lakewood IPA & St. Mary IPA

Superior care. Surprisingly close.

<https://careclosetome.com>
(844) 457-6946

Charter
Spectrum
AUTHORIZED RETAILER

The Fastest Internet!

Starting at 60Mbps

\$29.99
mo.*

EACH for 12 months when
bundled together

Call To Establish New Service

844-648-7798

©2016 Charter Communications
Cobalt Communications is an authorized Charter Retailer
Service not available in all areas

**DON'T TRUST
JUST ANYONE WITH
YOUR FUTURE**

**PRESERVE YOUR ESTATE
WITH A LIVING TRUST**

- No probate
- No attorney's fees
- No executor fees
- No public record
- No court hearings
- No contests
- No filing fees
- No time delay

**CALL A PROFESSIONAL FOR KIND, COURTEOUS
AND IMMEDIATE IN-HOME SERVICE**



**ELIZABETH
VOZZELLA, ESQ.**
(562) 426-9876
www.vozzella4law.com



FINDaPARISH.com

The Most Complete

Online National

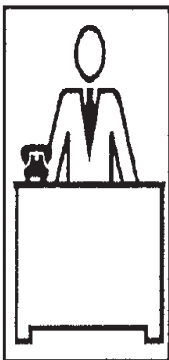
Directory of

Catholic Parishes

Check It Out Today!

Please support the advertisers in your bulletin,
and thank them for their continued support.
They make your bulletin possible.

Thank You



**Your
ad**
could
be in
this
space!

INVEST LOCALLY

*Targeting local business makes good "Cents"–
Get your name out there by advertising in local
parish bulletins. Contact us today for your next
advertising move and we will work with you for
your next "AD THAT WORKS!"*

Check us out at www.jspaluch.com

WHY IS IT

A man wakes up after sleeping
under an ADVERTISED blanket
on an ADVERTISED mattress
and pulls off ADVERTISED pajamas
bathes in an ADVERTISED shower
shaves with an ADVERTISED razor
brushes his teeth
with ADVERTISED toothpaste
washes with ADVERTISED soap
puts on ADVERTISED clothes
drinks a cup
of ADVERTISED coffee
drives to work
in an ADVERTISED car
and then . . .
refuses to ADVERTISE
believing it doesn't pay.
Later if business is poor
he ADVERTISES it for sale.

WHY IS IT?

**"The Affordable
Professionals"**
Family Owned & Operated Since 1989
St. Lic. 589933



**PLUMBING-HEATING
AIR CONDITIONING
24 hr / 7 day Service**

562.925.2838

714.994.0254

Parishioner Discount

10% OFF Any Service

Valid M-F 8:30 to 4:30

Excludes Stoppages

\$250.00 Max Discount,

Cannot be combined with any other offer.



OF CALIFORNIA

**Over 60 Years of Experience
426-7644**



Catholic Cruises and Tours

Catholic Cruises and Tours and The Apostleship of the Sea of the United States of America

Take your FAITH ON A JOURNEY. Catholic Cruises/Tours to Worldwide Destinations

Holy Land Discovery • Fatima, Lourdes and Shrines of Spain • Grand Catholic Italy

Footsteps of Apostle Paul • Shrines of Alpine Europe • Pilgrimage to Lourdes

Scottish Highlands • Camino, A walking journey for the soul



www.CatholicCruisesandTours.com

(CST 2117990-70)

Call us today at 860-399-1785 or email eileen@CatholicCruisesandTours.com

Jesse Moreno
AN ACCOUNTANCY CORPORATION



- ACCOUNTING • PAYROLL • TAX PLANNING
- BUSINESS AND INDIVIDUAL TAX PREPARATION
- AUDIT REPRESENTATION • ENTITY FORMATION SERVICES

CERTIFIED PUBLIC ACCOUNTANT

INCOME TAX

NOTARY PUBLIC

(562) 426-4177

740 E. WARDLOW RD., LONG BEACH, CA 90807 WWW.MORENOCPA.COM