

Eucharistic Gospel Reflection Process

TAKE

Prayerfully read the Gospel for the coming Sunday

Notice what word or phrase “cuts to the heart” (Acts 2:37) as you listened to the Gospel. What word carries within it God’s presence for you?

BLESS

Consider how this word/phrase reveals God’s goodness, invites you to deeper conversion, or informs or illuminates a missionary moment you’ve experienced recently.

Share the word/phrase and your connection/reflection.

BREAK

As you reflect on this passage and your experience, how do you sense God inviting you to be “bread, broken for others” as you live this Eucharistic life united to Jesus, the Bread of Life?

Share how you feel called to live this truth.

GIVE

Share a resolution based on your reflection and offer a brief prayer asking the Holy Spirit to strengthen you to act on it.

Resolve to make a renewed gift of self for the life of the world.

Conclusion: Eucharistic Revival Prayer

Lord Jesus Christ,
you give us your flesh and blood for the life of the world, and you desire that all people come to the Supper of the Sacrifice of the Lamb. Renew in your Church the truth, beauty, and goodness contained in the Most Blessed Eucharist.

Jesus living in the Eucharist, come and live in me.
Jesus healing in the Eucharist, come and heal me.
Jesus sacrificing yourself in the Eucharist, come and suffer in me.
Jesus rising in the Eucharist, come and rise to new life in me.
Jesus loving in the Eucharist, come and love in me.

Lord Jesus Christ, through the paschal mystery of your death and resurrection made present in every Holy Mass, pour out your healing love on your Church and on our world. Grant that as we lift you up during this time of Eucharistic Revival, your Holy Spirit may draw all people to join us at this Banquet of Life. You live and reign with the Father and the Holy Spirit, God forever and ever.

Our Lady of Guadalupe, Mother of the Eucharist, Pray for us.